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THE OFFICIAL PUBLICATION OF THE PRESBYTERIAN CHURCH OF TRINIDAD AND TOBAGO

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MODERATOR
RECEIVES
NATIONAL AWARD

**MODERATOR
SPEAKS** P. 2

**BOTE SUNDAY
LISTING** P. 14

**INTERNATIONAL
WOMEN'S DAY** P. 20

www.pctt.org.tt

Moderator *speaks*

WOMEN: BREAKING CHAINS, NURTURING COMMUNITY, PLANTING SEEDS OF HOPE

The Presbyterian Church of Trinidad and Tobago (PCTT) joins the world in celebrating International Women's Day on 08 March 2022. There will be activities throughout the month. This is an opportunity for us to celebrate the courage, determination and contribution of women and girls.

This year, the PCTT has been invited by one of its ecumenical partners, the Council for World Mission (CWM) Caribbean and European Regions' Gender Justice Group, to lead in a Webinar. The theme for the Webinar is, "*Women – Breaking Chains, Nurturing Community, Planting Seeds of Hope*". This theme embraces the United Nations theme, "Gender equality today for a sustainable tomorrow". Both themes recognize the contribution of women and girls around the world who are leading the charge on climate change and mitigation to build a more sustainable future for all.

However, it pains me to note that even as we observe this important event criminal violence against women continues in our country. This leads us to question whether another panel discussion or webinar on gender justice makes any difference. Would lecturing to families and youths make

any difference? Or would the intervention of the school, church, community or prison make a difference?

The global COVID-19 Pandemic has already brought grief and distress to families who lost loved ones. Some families were literally wiped out by this pandemic. And now to add to this distressing situation families are violently robbed even in the sanctity of their own homes. It is now a sad reality that most of these crimes are associated with gangs heavily involved in drugs, illegal guns, corruption and human trafficking. Domestic abuse is also on the increase. But what is more alarming is that criminal offenders have crossed the barriers of age and gender.

How many more times must our eyes be filled with tears of anger, despair, sadness and compassion at the news of avoidable death? How many more times must we condemn the evil perpetrated on our vulnerable? How many more times will we allow these things to pass through the 24-hour news cycle and then forgotten? The fear is that this continuous violence against women and law-abiding citizens may, if not curbed, can very well define the character of our society.

It is easy to point to a particular societal failure but that is equivalent



THE RT. REVEREND JOY ABDUL-MOHAN

to losing sight of the forest through the trees. It is futile to expect any one institution to solve this problem of violence. We need an effective partnership among all institutions. The situation demands that both women and men challenge stereotypes, fight bias, broaden our perceptions, and make interventions to improve relationships.

As we observe International Women's Day 2022, the PCTT is charged with the responsibility to challenge violence, in all its forms and to call out those who seek to overpower the powerless and the weak. Non-violence should become a way of life. It should be a catalyst in the formation of a system of personal and social change based upon the power of God's love. And to use that power of love to overcome evil, to obtain justice, peace and reconciliation for all.

Our call to protect women and girls is firmly rooted in the teachings of our Lord Jesus Christ who re-affirmed the personhood of women, empowering them to a life of dignity and wholesomeness. May God bless us all as we seek to end violence in all forms, breaking chains, nurturing community and planting seeds of hope for a more sustainable future for all!

How Can I Serve My Church & Congregation

How many of us have questioned silently why for over decades, some worshippers mark off Congregational Meeting in their mind's calendar as a day to take off from Sunday Morning Church Service or why they do not accept a post in one of the groups in the church? The answer varies according to whom you speak. The responses include such qualities as commitment, responsibility, convenience, and competence or the lack thereof.

The *Cambridge English Dictionary* defines the following terms:

COMMITMENT: willingness to give your time and energy to a job, activity, or something that you believe in. **RESPONSIBILITY:** to have control and authority over something or someone and the duty of taking care of it, him or her. **CONVENIENT:** suitable for your purposes and causing no difficulty for your schedule or plans. **COMPETENCE:** the ability to do something well.

The excuses for not being present in church for Congregation Meeting or accepting to serve in a group are varied as are the excuses for declining nominations, but how many pray before the meeting asking God for His guidance. Proverbs 3: 5 – 6 tell us, *“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”*

Many worshippers do not want to accept responsibilities, they express a desire to 'just' come to church, give an offering but do not want to deal with church matters, they do not want to participate in the work of the church, nor do they want the responsibility of being part of the decision making body.

Others can list why they do not want to get involved: they do not want to say 'no' if nominated, the time of church service is not convenient to them so they will attend when they can or when the time of service is changed, they will make a commitment to serve when the time is right, the unwillingness to give of their time as they consider it too costly to serve the church, they do not need anything from the church, they just come for spiritual nourishment, and some never give becoming involved a second thought.

Among those who choose not to serve are those who fear the name calling and the stigma attached to certain offices especially when it comes to finances, and those who want to stand on the side-lines and criticize the ones who have made a commitment to serve.

Yet, others are reluctant to serve because they think they will not be selected to serve because of what they see as a monopoly by certain families. They, therefore, feel they have nothing to offer, they fail to identify the gift or talent bestowed on them and acknowledge that

they can build on that gift, *“To each is given the manifestation of the Spirit for the common good”* (1 Corinthians 12:7, NRSV).

If your Congregation Meeting for 2022 has passed and group elections have taken place, start seeking the guidance of the Holy Spirit to lead you in the direction in which you can be of service to your church now or at the next Congregation Meeting.

The individual worshipper has, through introspection, to determine the area he or she is capable of serving his fellowman. He or she has to seek the Holy Spirit's guidance as to the course he or she should direct his or her service.

Let us not be like Jeremiah in the Book of Jeremiah, Chapter 1, vs. 6ff, whose first thought was to make an excuse not to answer God's call, *“Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy.”*

The Lord answered him, *“Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you. Do not be afraid of them, for I am with you to deliver you.”* Let us not doubt ourselves and our ability to be of service, but have faith that God would lead us as he did Jeremiah.

PRESS RELEASE – Statement from the Synod Office Presbyterian Church of Trinidad and Tobago – National Award 2021

THE SYNOD OF THE PCTT

The Presbyterian Church of Trinidad and Tobago (PCTT) is elated with the delayed announcement of the National Awards for 2021 by the Office of the President of the Republic of Trinidad and Tobago. The Church applauds the award of the National Medal for Women Development - Gold to the Rt. Reverend Joy Abdul-Mohan, present Moderator of the PCTT, a Minister of deep faith and loyalty and a woman of substance.

This is only the second time a member of the Clergy of the PCTT has received a National Award for service.

This award for the Development of Women comes coincidentally at a time when the whole world including the Christian Church are celebrating International Women's Day, held on 8th March and the annual recognition of women and their significant contributions globally.

The PCTT congratulates Rev. Abdul-Mohan on this auspicious award, which brings to the attention of the nation what our Church has known for many years about The Rt. Reverend Abdul-Mohan - her life of service to God and country, and

one of focus on the development of women and the education of girls.

The Rt. Reverend Abdul-Mohan, during her 33 years as an Ordained Minister, has spread the Word of God with compassion, and has led the Church with humility, dignity and integrity. Her role in keeping alive issues of women in general, and issues of gender-based violence and domestic violence in particular, within the Church and in the wider community and country, is quite a vocation in pastoral care and activism.

The Rt. Reverend Abdul-Mohan holds a Master of Arts, Princeton Theological Seminary and pursued Higher Education in Law, University of London and in Mediation and looks forward to becoming a Certified Mediator. She is at present pursuing a BA in Childhood Education. Besides being an academic, other personal milestones in her career illustrate the development of women - being the first Locally Ordained Female Minister of the PCTT, also the youngest Ordained Minister at age 23, and the first Female Principal of the St. Andrew's Theological College, the seminary of the Presbyterian Church of Trinidad and Tobago. The Rt. Reverend

Abdul-Mohan has also served as an Independent Senator in the 10th Parliament of the Republic of Trinidad and Tobago. She works assiduously with the Rapidfire Kidz Foundation on which she serves as the Vice President of the Foundation for the past ten (10).

The Reverend Abdul-Mohan is a role model and inspiration to girls and women in general. Her work ethic and infectious energy emulates the Bible Women of the Church's history in creating a legacy of her own. We are certain that somewhere out there, a little girl, a young woman, will be inspired by Rt. Reverend Joy Abdul-Mohan, to serve God and country and to have a voice for women in general.

The PCTT is thankful for the work of this servant-leader as she continues her work for the development of the Church and of Women. The Church celebrates her successes and the recognition of Rt. Reverend Abdul-Mohan as an exemplar of selfless commitment in a life-long vocation of love and compassion.

God bless The Reverend Joy Abdul-Mohan, God bless the PCTT and God bless our nation.

Words of Gratitude



RESPONSE FROM THE RT. REVEREND JOY E. ABDUL-MOHAN ON RECEIVING THE NATIONAL AWARD FOR DEVELOPMENT OF WOMEN FOR 2021 AT THE DELAYED AWARDS CEREMONY HELD ON 9TH MARCH 2022 AT THE PRESIDENT'S HOUSE, P-O-S.



With gratitude to God and country, I accept this award with the deepest and sincerest humility not as a symbol of any personal achievement, but as a tribute to all women who labor sacrificially and magnanimously (especially behind the scenes) not only to improve and develop the lives of women but all of God's Creation.

My family, friends and church community always encourage me to be the best version of myself and to bloom wherever I am planted as a servant leader.

I take this opportunity to pay tribute:

- To all women of T&T.
- Specifically, to the Women of the Presbyterian Church (Lay and Clergy) and its Educational Institutions.
- The Women of Princes Town, the town of my birth
- The Women of the Rapidfire Kidz Foundation, of which I serve as Vice President
- The Women of Ecumenical and Interfaith Organizations.
- The Women of Call To Action for Social Change (a new organization formed in 2021

to treat with the root causes of gender based-violence and other social issues).

- The Women who serve unconditionally and tirelessly with Institutions/Homes/ Shelters/organizations for children, women, the elderly, and the migrant community.
- To all the men who support women's development, who genuinely love and respect women as equal partners in God's Creation.

part two: independent *LEARNERS AT HOME*



COUNSELLING COLUMN WITH BERNADETTE GYAN-MANICKCHAND

Q How can parents/guardians promote an independent learner at home?

As virtual schooling continues for many of our students, our role in developing independent learners becomes more emphatic.

Part one of the column offered and discussed three main strategies: creative-exploration, a home-work routine and the "guide at the side" aspects.

We will now explore other techniques that would be beneficial to our school-aged charges. Cognitive Psychology allows us as adults to be practical so that the child sees and understands how learning works.

Firstly, we encourage a sense of purpose. If students care about what they are learning and why they are doing so they make a greater effort in getting the task completed. Some children are coerced into studies because they would be graded or marked, some because they are told it is expected of them, and some are told of the benefits in their career path. If students can identify how the material will help them or what

skills they will develop as a result, it will increase their engagement levels. Understanding our children's needs should be one of our responsibilities towards them.

The next aspect we look at is to focus on mastery and not comparison with others. (Personally I have found online learning facilitated this, as the student did not compete with his/her classmates as when they meet in the physical classroom). Research has shown that students who compare themselves to others tend to have lower levels of motivation, confidence, self-regulation, academic performance and increased anxiety. Parents can help encourage their children to develop a mastery orientation by having students measure themselves against their previous efforts, focus on 'improving themselves rather than proving themselves'

and actively reflecting on what they have learnt from their experiences.

This third aspect has been most challenging though seemingly simple. Distractions! We, as adults, have all suffered from completing tasks due to distractions. To ensure independence takes place, we need to remove them. Remove cell phones, turn off the television, lower our own volume and keep the curtains drawn from nosey neighbours.

Research shows that the ability to improve concentration and attention is something that can be developed, even from a very young age.

In concluding, I would suggest that in setting the stage or the development of independent learners we too must take the initiative and not leave it up to the teachers as they are no longer present once the computer is shut-down.



KNOW YOUR FAITH SERIES



WE ARE DUST & TO DUST WE SHALL RETURN

REVEREND ADRIAN SIEUNARINE, PRINCIPAL,
ST. ANDREW'S THEOLOGICAL COLLEGE

In some churches, the palm branches used for the previous year's Palm Sunday celebrations are burned and the ashes placed on the foreheads of worshippers with the solemn intonation of the words of Genesis 3:19 to remember that we are dust and to dust we shall return.

Let's think about this:

1. REMEMBER: When we remember where we came from, we remember that we are formed out of the particles of the earth. We are integral components of the earth so we should care for each other and the environment; the fabric of the earth forms our frame.

2. DUST: The lowliest item of the earth constitutes our composition. We are not made out of "gold dust" or "fairy dust" but out of the simple, earthy dirt that is the elemental beginning of all construction and generation.

3. DIVINE: The dust is our bodily composition but not our spiritual character. We are infused with the divine breath that animates us and exalts us. Only when God breathes into the dust do we have life.

4. RETURN BUT NOT REMAIN: We shall return to the dust. Our bodies are like temporary tents (2 Corinthians 5: 1-10) and shall return to the fibres of the

universe. However, although the dust returns to the ground of its origin, the soul returns to the Lord (Ecclesiastes 12:7). We are assured of the immortality of the soul and the resurrection of the body (Philippians 1:20-23; 1 Corinthians 15).

Whether or not we put something physically symbolic on our forehead, our souls are emblazoned with the insignia of Christ.

We accept and transcend our earthly bodies in the journey of life which is mirrored in the journey of Lent from the dust of Ash Wednesday to the bitter Cross of Good Friday and then the risen Saviour of Easter.

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CRISIS IN THE FAMILY: COUPLES

THE FAMILY CAN: A MONTHLY THOUGHT TO HELP IMPROVE THE FAMILY | HILTON R SIBOO | 788-2685

PART 3: ATTACHMENT AND BONDING

Having defined the crises of couples as 'the consequences and outcomes of an unending list of dynamics' [Part 2], let's focus on the crisis of Attachment and Bonding. Mary Ainsworth (1973) defines attachment as 'an affectional tie that one person forms to another specific person, binding them together in space and enduring over time.'

When couples begin a relationship, they hope that attachment and bonding will give a sense of belongingness. However, the attachment relationship that couples form can be either secure, based on trust, or insecure based on distrust which can impact their relationship and sense of self-worth like that of an infant to a parent or caregiver.

Truth, trust and love usually are the glue holding their relationship but should the glue deteriorate, the bonding and attachment weaken. Sadly, couples become detached and drift apart into social distancing [as per COVID-19 protocol] with their physical-sexual,

emotional, psychological, financial and communicational interactions affected. Separation leads to divorce, rarely on good terms but often marinated with resentment, anger, hatred ... with abuse, violence and death by grief or murder. What then can explain the 'unsticking' or detachment of the couple, the proclaimed soulmates and their loss of intimacy and bonding and all that was love?

To keep the sense of belonging together and to maintain the bond of love and person for person attachment, their relationship cannot take each other for granted or attempt to forcibly effect change to suit their desired image or likeness. A couple despite their attachment and bonding remains as two distinct and identifiable persons 'as they had begun.' Whatever attracted them into becoming a couple and whatever their marital status, they should be mindful that a true relationship is not a 50:50 divide but a relationship where each is there for the other with care, kindness, love and forgiveness, personal trusted interest and genuine concern.

Belonging is never to be mistaken or understood as ownership. Love and belongingness are not one directional but similar to a handshake, a hug, a full open embrace, a smile reciprocating an open heart with the compassion and passion. Couples cannot live parallel lives. Belonging joins and strengthens the couple to provide for each other the needed assistance and support and be a second opinion in times of challenges and conflicts.

Couples are central to family and can resolve crises, remove hurt and pain and heal lovingly but the onus is with each to understand and appreciate the strengths and weaknesses of their attachment and bonding. This is necessary for a couple as each becomes a caregiver to the other.

Remember, the family is not just a group or gathering without a common purpose. Never let it ever be that the couple in the family can NOT adjust and adapt as changes occur.

Couples Crisis will continue.

Don't lose faith. Hold strong. Believe, The Family Can.



Be Not Anxious About The Future.

REVEREND STEPHEN HARRIPERSAD, LA ROMAINE/DEBE PASTORAL REGION

The Apostle Paul gives the advice in Philippians 4:6: *"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God."*

Be not anxious or do not worry about anything. This does not mean that we should live life carelessly or live recklessly or throw caution to the wind. In this pandemic, for instance, it does not mean that we should not follow protocols, not wear a mask, not wash hands, not sanitize nor practice social distancing - not do a single thing to safeguard ourselves and expect God to do everything. It does not mean that we should not be cautious and concerned about our health or not be concerned about our future.

The point being made is we should be careful, but not carefree. At the same time, we should not allow

these concerns to pre occupy our minds so much that they consume us and affect our life and living in a negative way.

Simply put, life is more than the food we eat, the clothes that we wear, the car we drive or the house in which we live. Don't get me wrong. Not that these do not add to the comfort and convenience of life. Not that these are bad things. Not that we should give them all up entirely and go live under a rock.

We are all aware that people's livelihood are affected by the Covid 19 lockdown. You would have heard the Government making the point about 'lives and livelihood.' The question was and is this, can the lives as well as the livelihood of the citizens of our country be secured? It is a reality that some people are living with less but are thankful to be alive. People in general are quickly learning to differentiate between their wants as compared to their needs.

This passage is reminding us, that we can trust God for the necessities of life.

Many are concerned about their future. Daily concerns might be: job security, mortgage payments, land and building taxes, laptop or smart phones for the children to do online studies, safety on the school compound, grocery bills, the state of the economy, the scare of Covid 19 and the list can go on and on.

However, we need to stop somewhere, we need to stop worrying! Some people are so worried that they are not themselves, not normal, not at peace, not happy.

Not living, just existing. My advice to all is to handle what is within your control or capability. Make the best of every situation.

Do not worry yourself sick about some of the other issues over which you have no control. This might only lead you to a state of

frustration and depression. Bear in mind that we are not the only ones going through this Pandemic. The whole world is affected by it and some have it even worse than we. So, take it one day at a time and try not to worry too much.

A ship was caught in a turbulent storm. As the crew members made their checks to ensure that everyone on board was alright, they found a little girl in one of the cabins playing alone on the bed. They told her about the storm and asked, "Are you not worried?"

trust Him to take care of our needs.

I love this piece of poetry entitled, *"The Robin and the Sparrow"*

Said the robin to the sparrow,
"I should really like to know,
Why these anxious human beings
Rush about and worry so."

Said the sparrow to the robin,
"Friend I think that it must be,
that they have no Heavenly Father,
Such as cares for you and me.

Scripture states, *"But seek first the kingdom of God and His righteousness, and all these things*

that we need.

Peace of mind and heart can be ours when we are conscious and committed to one beyond ourselves who cares for us, who promises to supply all of our needs.

The word of God states, *"7 Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened"* (Matt. 7:7-8).

"And My God will meet all your needs

Do not worry yourself sick about some of the other issues over which you have no control.

The girl calmly replied, "No, my father is the Captain and I know everything will be alright."

We too have a Heavenly Father and we can trust Him that things will be alright.

If he takes care of the birds of the air and other creatures. We can

shall be added to you. 34 Therefore, do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble."

To seek as a child of God is to strive after God's will for our lives, being so aware of that strong relationship, that we can trust God to provide all

according to the riches of his glory in Christ Jesus" (Phil.4: 19).

"I sought the LORD, and he answered me; he delivered me from all my fears" (Ps. 34:4).



The banner features a circular logo for The Trinidad Presbyterian Church of Trinidad & Tobago, established in 1868, with the motto 'SIC FACIENS CONSUMMABITUR'. The background is a soft-focus sunrise over a field of grass. The text 'Moments OF INSPIRATION' is written in a large, elegant script, with 'OF INSPIRATION' in bold, uppercase letters. Below this, 'MONDAYS | 8:30 A.M. |' is written in bold, uppercase letters. A small cartoon character is visible in the bottom right corner of the banner.

ST. ANDREW'S THEOLOGICAL COLLEGE LIBRARY (SATC): RECOGNIZING OUR WRITERS / AUTHORS / EDITORS

On reflection of the work and witness of 130 years of St. Andrew's Theological College, the library acknowledges the contribution of Presbyterian pilgrims who are writers, compilers, authors and editors. Some of them are visionary leaders, creators of literature, academics, theologians, and biblical scholars. They all represent Presbyterian witnesses due to their experience and profound knowledge in their specific vocations over the years. The commitment of the communion of these witnesses enabled the historical realization

and impetus of the Presbyterian Church in Trinidad and Tobago

The objectives of this article are:

- to keep alive in the "institutional memory" Presbyterian personalities who inspired by their work, writings and search for unity
- to offer printed resources to the future generation for their spiritual rootage and growth.

To illustrate this, the library presents some of our authors and writers, for example, Arthur Charles

Dayfoot, Idris Hamid, Charles David Lalla, Allison Nobbee, Ken Kalloo, Jerome Teelucksingh, Cyril Paul, Addison Khan and contributors to the Trinidad Presbyterian.

In this time of reflection and renewal, we invite more writers and request that they submit copies of their writings to the library. For the year 2022, our spotlighted author is Rev. Ken Kalloo. Rev. Idris Hamid was the author elected for 2021.



Carnival Culinary Foods



ASH WEDNESDAY SPECIAL

INGREDIENTS

- 1 pkt. macaroni noodles
- 1 tin corn beef
- 1 large onion thinly sliced
- 1 egg
- 1/4 cup ketchup
- salt and pepper to taste
- 1/2 lb grated cheese

METHOD

Boil macaroni in boiling water until cooked. Grease pie dish with margarine. Mix macaroni with all other ingredients including corned beef which has been flaked, leaving cheese for the last. Place mixture into baking dish, add grated cheese on top. Place in pre-heated oven for 30 minutes at 375 degrees F. Serve hot or cold.

Trinidad Guardian. Carnival Cook-UP supplement Feb 6. 1994.

BACHANNAL BAKE

INGREDIENTS

- 1 lb flour
- 1 tsp. sugar
- 1 tsp salt
- 4 tsp. baking powder
- 2 tbsp margarine
- 1 1/2 tbsps cookeen
- 2 cups grated coconut
- 1 1/2 cup water

METHOD

Add water to grated coconut and mix. Squeeze out coconut milk and reserve. Sift flour, salt, sugar and baking powder into bowl. Add cookeen and margarine and work into flour until it looks like fine bread crumbs. Add coconut into flour to make a soft dough. Knead lightly to form a smooth ball. Roll out on floured board to form a round bake. Place in pan in a preheated oven at 375 degrees for 20 mins.

Trinidad Guardian. Carnival Cook-Up supplement Feb 6. 1994.





Mr & Mrs Beepath with Rev. Harripersad, The Moderator, and The General Secretary of the Synod of the PCTT



Unveiling of the commemorative plaque

125th Anniversary Celebrations at Esperance

ZOBIDA MATHURA

On December 19th, 2021, the Grant Memorial Esperance Presbyterian Church celebrated its 125th Anniversary with pomp and splendor, one befitting this chapter in the life of the congregation where other significant events took place.

The service was conducted by Rev. Stephen Harripersad. Sharing in the service were Intern Minister, Mr. Bjorn Warde; Presiding Elder, Mr. Timothy Beepath; and the Moderator, The Rt. Reverend Joy Evelyn Abdul-Mohan. Greetings were expressed on behalf of Synod by Mr. Terrance Warde and Mrs. Angie Beharry who represented the South-Central Presbytery.

Mrs. Dianne Beepath was elevated to Honorary Eldership status having served as an Elder from 1990-2021. Mrs. Beepath is the first Elder from the congregation and the second

Elder in the Pastoral Region to earn this status.

A Commemorative Plaque and Honour Roll were unveiled by the Moderator and Presiding Elder. A booklet each, documenting the complete history of the Esperance Church, was presented to the Moderator and Minister; a copy was reserved for each family of the congregation.

The Deed of Title for the land on which the Esperance Church sits was presented to Rev. Harripersad by Mr. Daryl Mohan, grandson of the late Mr. Seenath who previously owned the property. Thanks were expressed to Mr. Timothy Beepath and Mr. Milton Mathura who worked assiduously in obtaining this document.

Special awards were given to members of the congregation who excelled academically at C.S.E.C.,

C.A.P.E. and Tertiary Level. Mr. Timothy Beepath was presented with a special token for his devoted commitment to the church and community from 1956 – 2021.

The Esperance Presbyterian Church expressed its gratitude to all who assisted with preparations for this auspicious occasion. As the congregation proceeds in these uncertain times, we continue to pray for God's guidance and protection.

All Glory and Praise to God!



Unveiling of honour roll



VACANCY GENERAL TREASURER

Please send applications with resumes to
The General Secretary of Synod
Paradise Hill, San Fernando
gs.warde@pctt.org.tt

VACANCY

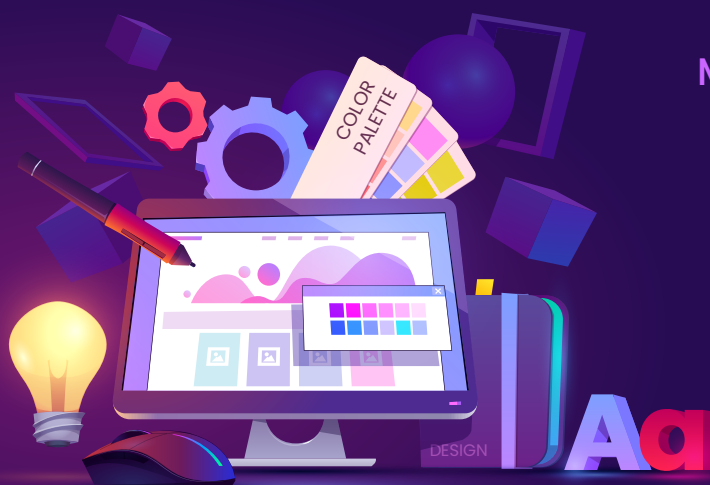
MEDIA VISUAL GRAPHIC DESIGNER

POSITION OVERVIEW

The ideal candidate will be tasked with video creation and graphic design for the PCTT and its various arms. You'll shoot and edit videos and photos for a variety of occasions. You will also be creating graphics for social media posts, projects and digital campaigns.

REQUIRED QUALIFICATIONS

Undergraduate degree in Fine Arts or related field; may be substituted with commensurate work experience
At least 2 years of visual design and video editing experience. Videography, video editing, photography, photo editing and general graphic design skills a requirement
Strong knowledge of Adobe collections, InDesign, Photoshop and Illustrator.



VACANCY

AUDIO/STUDIO TECHNICIAN

POSITION OVERVIEW

The ideal candidate will be tasked with balancing and adjusting sound sources using equalization, dynamics processing and audio effects, mixing, reproduction, and reinforcement of sound. You will be responsible for maintaining the integrity of all associated audio and support equipment.

REQUIRED QUALIFICATIONS

Two (2) years of production/live broadcast and related experience in production. Fully knowledgeable in all aspects of operation and maintenance of audio systems including but not limited to: audio mixer/recorder, RF microphones and IFBs as well as other Studio related support systems.



ALL APPLICATIONS SHOULD BE SENT TO THE GENERAL SECRETARY OF SYNOD
THE PRESBYTERIAN CHURCH OF TRINIDAD AND TOBAGO
PO BOX 187, PARADISE HILL, SAN FERNANDO, TRINIDAD WI



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15th February, 2022

THEOLOGICAL EDUCATION SUNDAY 2022

MESSAGE FROM THE PRINCIPAL

Greetings in Christ!

As we celebrate 130 years of St. Andrew's Theological College (SATC) and as we prepare with faith for the future, let us recommit ourselves to loving the Lord and learning about him and his work.

Let us support the vision and mission of SATC to bring people to Jesus, and Jesus to people.

Let us:

1. Pray fervently for SATC.
2. Study at SATC! Anyone is welcome to study any course at SATC! We are a welcoming, enthusiastic community of people committed to learning what it means to live for Christ in the world today.
3. Give a financial gift to SATC. The tasks of teaching and learning require resources, technology and infrastructure that call for investment in the Lord's work. Our donations make a difference. When we give to SATC, future generations are blessed by our foresight.

Let us rejoice that the grace of the Lord is with us always!

Yours sincerely,

Rev. Adrian D. E. Sieunarine

PRINCIPAL

ST. ANDREW'S THEOLOGICAL COLLEGE

THE 2022 COMMEMORATIVE CALENDAR FEATURING OUR PAST AND PRESENT MINISTERS IS STILL AVAILABLE.

THE COST IS ONLY \$20, \$5 OF WHICH WILL GO TOWARDS A HAMPER DRIVE.

PLEASE CONTACT YOUR BOARD OF MEN REPRESENTATIVE OR CONTACT SYNOD'S OFFICE ON 652 4829

THEOLOGICAL EDUCATION SUNDAY

SUNDAY 20TH MARCH 2022

PREACHING SCHEDULE

THEME: "Grace be with you all"

| 1 | SAN JUAN / WOODBROOK | | |
|---|----------------------|------------|----------------------------------|
| | San Juan | 07:30 a.m. | Reverend Damien Sieunarine |
| | Santa Cruz | 09:00 a.m. | Reverend Damien Sieunarine |
| | Woodbrook | 10:30 a.m. | Presiding Elder Dr. George Sammy |

| 2 | ARAMALAYA | | |
|---|-------------|------------|---------------------------------|
| | Tacarigua | 07:00 a.m. | Presiding Elder Larry Kowlessar |
| | Aramalaya | 07:45 a.m. | Reverend Keron Khellawan |
| | Warrenville | 09:00 a.m. | Reverend Keron Khellawan |
| | Kelly | 10:30 a.m. | Deaconess Anupa Nanan |

| 3 | ARIMA | | |
|---|------------|------------|-----------------------------|
| | Arima | 07:00 a.m. | Reverend Anthony Rampersad |
| | Valencia | 08:30 a.m. | Presiding Elder Gita Dattoo |
| | San Carlos | 09:00 a.m. | Reverend Anthony Rampersad |
| | St. Helena | 10:30 a.m. | Presiding Elder Gita Dattoo |

| 4 | GUAICO | | |
|---|----------|------------|---------------------------------|
| | Caratal | 06:30 a.m. | Nadia Mitchell |
| | Cumuto | 06:45 a.m. | Presiding Elder Charles Mahabir |
| | Cunaripo | 08:00 a.m. | Nadia Mitchell |
| | Guaico | 10:00 a.m. | Presiding Elder Charles Mahabir |
| | Jubliee | 08:30 a.m. | Ms Jesslyn Ramlal |

| 5 | SANGRE CHIQUITO | | |
|---|-----------------|------------|------------------|
| | Sangre Chiquito | 07:00 a.m. | Daniel Haradan |
| | Plum Road | 08:30 a.m. | Daniel Haradan |
| | Grosvenor | 07:00 a.m. | Paul Williams |
| | Fishing Pond | 09:00 a.m. | Shastrie Bharath |
| | Plum Mitan | 10:00 a.m. | Barbara Dyal |

| 6 | CUREPE / ST. JOSEPH | | |
|---|----------------------------|------------|-----------------------------------|
| | Maracas | 07:00 a.m. | The Rt. Reverend Joy Abdul-Mohan |
| | St. Joseph | 08:30 a.m. | Student Minister Jessica Mahadeo |
| | Curepe | 10:00 a.m. | Student Minister Jessica Mahadeo |
| | Caroni | 07:00 a.m. | Presiding Elder Emmanuel Ramkaran |
| | Latchu Memorial (Bamboo) | 08:30 a.m. | The Rt. Reverend Joy Abdul-Mohan |

| 7 | CHAGUANAS | | |
|---|-------------------|------------|-------------------------------------|
| | Robinson Memorial | 07:00 a.m. | Presiding Elder Reynold Baldeosingh |
| | St. Charles | 09:30 a.m. | Presiding Elder Reynold Baldeosingh |
| | Las Lomas | 07:00 a.m. | Martin Sahadath |
| | Cunupia | 09:00 a.m. | Martin Sahadath |
| | Felicity | 08:00 a.m. | Deaconess Amber Seesahai-Payne |

| 8 | CHASE VILLAGE | | |
|---|-------------------------|------------|-------------------------------------|
| | Waterloo | 07:30 a.m. | Reverend Adrian Sieunarine |
| | St. John (Bank Village) | 08:30 a.m. | Reverend Adrian Sieunarine |
| | Anugrah (Calcutta) | 08:30 a.m. | Reverend Annabella Lalla-Ramkelawan |
| | Nistar | 10:00a.m. | Reverend Annabella Lalla-Ramkelawan |

| 9 | COUVA | | |
|---|--------------|------------|---------------------------------|
| | Mc Bean | 07:00 a.m. | Reverend Manan Deo |
| | Balmain | 08:30 a.m. | Reverend Manan Deo |
| | Knox | 08:00 a.m. | Presiding Elder Ralph Ramjattan |
| | Indian Trail | 10:00 a.m. | Presiding Elder Ralph Ramjattan |

| 10 | CLAXTON BAY | | |
|----|---------------------------|------------|-----------------------------|
| | Ebenezer | 07:30 a.m. | Reverend Dr. Randall Sammah |
| | Mizpah | 09:00 a.m. | Reverend Dr. Randall Sammah |
| | Carolina | 07:00 a.m. | Intern Minister Bjorn Warde |
| | Green Memorial California | 08:30 a.m. | Intern Minister Bjorn Warde |
| | Esperanza | 10:00 a.m. | Krishna Persad |

| 11 | MARABELLA / BONNE AVENTURE | | |
|----|-----------------------------------|------------|---------------------------|
| | Marabella | 07:00 a.m. | Mrs Geeta K-Maharaj |
| | Gasparillo | 08:30 a.m. | Reverend Brenda Bullock |
| | Bonne Aventure | 07:00 a.m. | Reverend Brenda Bullock |
| | Mayo | 08:30 a.m. | Deaconess Jenifa Sinanan |
| | Reform | 07:30 a.m. | Lay Pastor Reginald Amman |
| | Ben Lomond | 09:00 a.m. | Lay Pastor Reginald Amman |

| | | | |
|----|------------------------------|------------|--|
| 12 | SUSAMACHAR | | |
| | Susamachar | 07:00 a.m. | Reverend Sanya Beharry |
| | Vistabella | 08:30 a.m. | Reverend Sanya Beharry |
| | Susamachar | 05:00 p.m. | Reverend Stephan Harripersad |
| | Corinth | 08:30 a.m. | Student Minister Dave Jitta |
| | Golconda | 10:00 a.m. | Student Minister Dave Jitta |
| 13 | LA ROMAINE / DEBE | | |
| | La Romaine | 07:00 a.m. | Reverend Letra Jacob |
| | Canaan | 08:30 a.m. | Reverend Letra Jacob |
| | Debe | 07:30 a.m. | Mr. Rafael Mohammed |
| | Esperance | 09:00 a.m. | Intern Minister Robert Dinnoo |
| | Hermitage | 10:30 a.m. | Intern Minister Robert Dinnoo |
| 14 | PENAL | | |
| | Penal | 07:00 a.m. | SM Stefan Willson & Teesha Dass-Gordon |
| | Penal Rock | 08:30 a.m. | SM Stefan Willson & Teesha Dass-Gordon |
| | Divine Rock | 09:30 a.m. | Presiding Elder Dianna Sookdeo |
| | Mendez | 08:30 a.m. | Dirk Bosland |
| 15 | SIPARIA | | |
| | Erin Road | 07:00 a.m. | Mr. Lyndon Boodoo |
| | Siparia | 08:00 a.m. | Reverend Kelvin Sookhansingh |
| | San Francique | 10:00 a.m. | Presiding Aasha Mahabir |
| 16 | ORPOUCHE | | |
| | Morning Star | 06:30 a.m. | Reverend Errol Ragnauth |
| | Eternal Light | 08:00 a.m. | Reverend Errol Ragnauth |
| | Rousillac | 09:30 a.m. | Presiding Elder Agnes Sultani |
| 17 | POINT FORTIN / CEDROS | | |
| | Guapo | 07:00 a.m. | Mrs. Louella Ramsingh |
| | Salazar Trace | 08:30 a.m. | Mrs. Louella Ramsingh |
| | Point Fortin | 10:00 a.m. | Ms. Judy Alfred |
| | Cedros | 07:00 a.m. | Mr. Wayne Seerattan |
| | Coromandel | 08:00 a.m. | Ms. Namelia Lutchman |
| | Point Coco | 10:00 a.m. | Ms. Namelia Lutchman |
| 18 | DIAMOND | | |
| | Diamond | 07:15 a.m. | Reverend Gloria Hay |
| | Krist Mandli | 09:00 a.m. | Reverend Gloria Hay |
| | Lower Barrackpore | 07:00 a.m. | Reverend Shirvan Siloch |
| | Transfer | 08:30 a.m. | Reverend Shirvan Siloch |

| 19 | BARRACKPORE | | |
|----|--------------------|------------|------------------------|
| | Barrackpore Union | 07:30 a.m. | Reverend Daniel Chance |
| | Lengua | 09:00 a.m. | Reverend Daniel Chance |
| | Borde Narve | 07:00 a.m. | Alicia Mathura |
| | Clarke Road | 07:00 a.m. | Lay Pastor Ivan Paul |
| | Rochard Douglas | 09:00 a.m. | Lay Pastor Ivan Paul |

| 18 | RIVERSDALE | | |
|----|-------------------|------------|---------------------------------|
| | Morichal | 07:00 a.m. | Presiding Elder Indra Debysingh |
| | Brothers | 08:30 a.m. | Reverend Satnarine Ramnath |
| | Riversdale | 09:45 a.m. | Reverend Satnarine Ramnath |
| | Poonah | 08:00 a.m. | Presiding Elder Mikey Bedasie |

| 21 | TABAQUITE | | |
|----|-------------------|------------|---|
| | Piparo | 06:30 a.m. | Intern Minister Cynara Dube-Khan |
| | Jeffers {24 mile} | 08:00 a.m. | Mr. Nickcolas Mitchell |
| | Torrib Trace | 09:30 a.m. | Intern Minister Cynara Dube-Khan |
| | Tabaquite | 09:30 a.m. | Mr. Kurt Paul & Mrs. Raquel Sooklalsingh-Paul |
| | Flanagin Town | 08:00 a.m. | Mr. Kurt Paul & Mrs. Raquel Sooklalsingh-Paul |

| 22 | PRINCES TOWN | | |
|----|---------------------|------------|-------------------------------|
| | St. Andrew's | 07:00 a.m. | Student Minister Peter Arjoon |
| | Iere Village | 08:30 a.m. | Student Minister Peter Arjoon |
| | Jordan Hill | 07:30 a.m. | Reverend Ria Thompson-Jimdar |
| | St. Mary's | 09:30 a.m. | Reverend Ria Thompson-Jimdar |

| 23 | TABLELAND | | |
|----|------------------|------------|------------------------------|
| | St. James | 07:30 a.m. | Reverend Radica Moonoo |
| | St. Julien | 09:00 a.m. | Reverend Radica Moonoo |
| | Poole | 07:00 a.m. | Deaconess Calpurnia G-Chance |
| | New Century | 08:30 a.m. | Deaconess Calpurnia G-Chance |

| 24 | NARIVA / MAYARO | | |
|----|------------------------|------------|--------------------------------|
| | Rio Claro | 07:00 a.m. | Mr. Michael Cooper-Ochiengh |
| | Mafeking | 09:00 a.m. | Presiding Elder William Gokool |
| | Ecclesville | 07:00 a.m. | Presiding Elder William Gokool |
| | Biche | 07:00 a.m. | Mr. Joel Maraj |
| | Navet | 08:45 a.m. | Mr. Michael Cooper-Ochiengh |

World Day of Prayer 2022

'I KNOW THE PLANS I HAVE FOR YOU' JEREMIAH 29:1-14



World Day of Prayer (WDP) 2022 takes place on Friday 4th March, 2022 and is prepared by the WDP team in England, Wales and Northern Ireland (EWNI).

The program is based on the letter that the prophet Jeremiah wrote to the exiles in Babylonia. The exiles were in a context of suffering, uncertainty, and opposing views on how to respond to the moment. In the midst of all the uncertainties we are living under due to the COVID-19 pandemic, the WDP 2022 theme is a balm of confidence. It is an invitation to place our trust in God in times of suffering.

World Day of Prayer is an international ecumenical organisation which enables women all over the world to share the ideas and concerns of the writing country. The

EWNI WDP National Committee includes 18 different Christian denominations.

"It has been both challenging and rewarding to write about the three countries that make up our area: our landscape, people and culture all shaped by our history. We celebrate our diversity and the contribution made to our countries by the many groups and individuals who have made their home here. We use our Bible text: "I know the plans I have for you," from Jeremiah to reflect on some of the issues facing us today: poverty, domestic abuse and disability, finding hope in difficult situations and encouragement in the help we can give to each other." EWNI National Committee.

Through the service worshippers will hear the stories of women who feel excluded, listen to the fear of a child refugee and learn to see the context

of a multi-ethnic, multi-cultural, and multi-faith society in England, Wales and Northern Ireland.

THE WDP 2022 ARTWORK

The artwork, created by Angie Fox using a combination of embroidery, appliqué and metalwork, depicts key words such as, Freedom, represented as an open door to a pathway across an endless open vista; Justice, represented by broken chains; God's Peace and Forgiveness, represented by the dove of peace and a peace lily breaking through the pavement.

Over all, a rainbow which has come to represent all these things from the story of Noah through to the modern day. It is a symbol of the overreaching love of God.

For more information about World Day of Prayer 2022, please visit <https://www.wwdp.org.uk/>



WHAT ARE SACRAMENTS?

REVEREND ANNABELL LALLA RAMKELAWAN, CUREPE/ST. JOSEPH PASTORAL REGION

The Bible does not provide us with a definition of Sacrament. The word Sacrament is derived from the Latin *sacramentum* which in turn translates the Greek *Mysterion*, "mystery." Sacraments are practices of the Church which are considered to be sacred. Sacraments are holy practices of the Church based on scriptural authority and empowered by the Spirit of God as a "means of grace" to affirm the presence and promise of Christ to the believer. Sacraments are "visible words," and "embodiment of grace enacted testimonies to the love of God in Jesus Christ."¹

The Westminster Shorter Catechism offers us a more precise definition: a Sacrament is "a holy ordinance instituted by Christ wherein by visible signs Christ and the benefits of the new covenant are represented, sealed, and applied to believers."² Sacraments are tangible enactments

of the gospel by which God's Spirit affirms to the believing community the forgiving, renewing, and promised love of God in Jesus Christ and arouses in the believer faith, hope and love.

Just as the Bible does not give us a definition of a Sacrament, in like manner, it does not stipulate a number. Religious denominations often differ in the definition and number of Sacraments that they observe. Roman Catholic and Eastern Orthodox Churches, since the thirteenth century, set their Sacrament number as seven: baptism, confirmation, Eucharist, penance, ordination, marriage and anointing of the sick. The Reformed Churches, on the other hand, observe two Sacraments: Baptism and the Lord's Supper. The Reformers' argument for this move was: Sacraments were to be limited to practices instituted by Christ and the apostles.

In his Institutes, John Calvin describes a Sacrament as "an outward sign by which the Lord seals on our consciences the promises of his good will toward us in order to sustain the weakness of our faith; and we in turn attest our piety toward him in the presence of the Lord and of his angels and before men."³ St. Augustine defines a Sacrament as "an outward and visible sign of an inward and invisible grace."⁴

¹ Daniel L. Migliore, *Faith Seeking Understanding: An Introduction to Christian Theology*. (Grand Rapids, Michigan William B. Eerdmans Publishing Company 2014), 291.

² Westminster Shorter Catechism, In *the Book of Confession* (PCUSA), 7.092.

³ B.A. Gerrish, *Grace & Gratitude, The Eucharistic Theology of John Calvin*, (Minneapolis: Fortress Press, 1993), 103.

⁴ Daniel L. Migliore, *Faith Seeking Understanding: An Introduction to Christian Theology*. (Grand Rapids, Michigan William B. Eerdmans Publishing Company 2014), 465.



CELEBRATING INTERNATIONAL
Women's Day



The CWM Caribbean in partnership with CWM Europe joins with churches and communities worldwide to celebrate the strides made by women in the ministry of the church – in pews and pulpits, classrooms, and centres of care and nurture. Women are the backbone of their churches and societies, playing a significant role in the survival and nurturing of their families, communities and building up the Christian church. They are agents of healing - providing food, shelter, hospitality, health care, comfort and avenues for peace and reconciliation. Despite the arduous work of women in contributing to the essentials to life, including building up the community of believers, they are often denied full humanity in church and society. Gender injustices remain a challenge in church and society. The silence of the church must be broken!

The CWM Caribbean in collaboration with the Europe



**WOMEN -
BREAKING CHAINS,
NURTURING
COMMUNITIES AND
PLANTING SEEDS
OF HOPE**

region has organized a virtual event to mark International Women's Day 2022, under the theme: Women - Breaking Chains, Nurturing Communities and Planting Seeds of Hope. The event will celebrate women in leadership and highlight pioneering work of women in the ordained ministry in the Caribbean. Women from the Caribbean, Europe and Africa will share their struggles and vision for a transformed church and ecumenical movement, where justice and partnership will flourish and be a positive influence and understanding of being church today in these challenging times of – the COVID-19 pandemic and gender, racial, caste, tribe, economic, and climate injustices.

The event will be the highlight of a journey for gender justice and partnership which includes research on women in leadership in Caribbean churches, liturgical and Bible study resources to celebrate International Women's Day in church services on March 6, 2022.



a partnership
of churches
in mission

**The Council for World Mission (CWM)
Caribbean and Europe Regions'
Gender Justice Working Group**



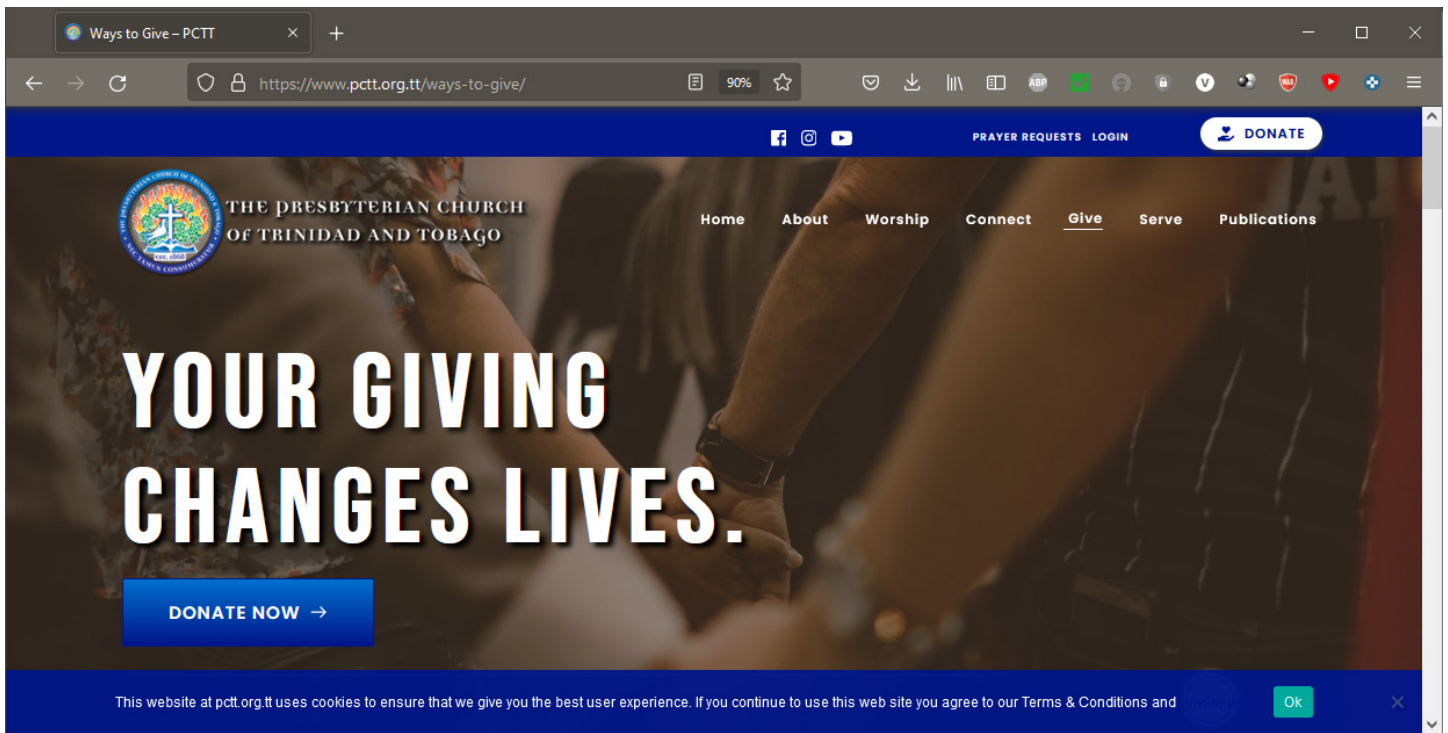
Prayer & Worship,
Table Talk & Poetry

*"Women-Breaking Chains, Nurturing Community,
Planting Seeds of Hope."*

International Women's Day

**Tuesday 8th March, 2022 at 11:30 AM (Jamaica),
12:30 PM (Guyana and TT), 4:30 PM (UK).**

**Meeting ID: 851 0712 1476
Passcode: CWM-IWD**



PCTT WEBSITE – DONATION PORTAL

The PCTT Website (www.pctt.com) Donation portal has been activated and available for contributions to our many funds and/or Boards and Committees.

If you click on www.pctt.com you have the option to choose any of the funds to donate. The following are the options you will get -

- Presbyterian Church of Trinidad and Tobago (PCTT)
- Mission and Outreach
- Board of Women
- Board of Men
- Board of Youth Affairs
- Board of Social Responsibility
- Board of Christian Education
- Communications Unit (TP)
- Moments Of Inspiration
- Women In Ministry Education Fund

- SOS – Souled Out Servants
- Synod Building Extension
- Teelucksingh Children’s Fund
- Synod Medical Fund
- SATC General Fund
- Abdul-Mohan Fund (SATC)
- SATC Alumni Association

ABDUL-MOHAN FUND AND WOMEN IN MINISTRY FUND

The Rt. Rev. Joy Abdul-Mohan (and her family), who has just been awarded the National Medal for Women Development – Gold in the National Awards for 2021, started two funds for the education of Women many years ago.

1. The Abdul-Mohan Fund is administered by the St. Andrew’s Theological College (SATC) and is a fund to assist in the Education of women, support staff and

students of the SATC.

2. The Women In Ministry Fund is administered through the Synod Office and is tailored for assistance for women in any of the Orders of the Church and for continuing Theological Education.

Anyone can support the Development of Women in our Church by donating to these funds through our website www.pctt.org.tt or to the SATC or the Synod Office directly.

The Lord loves a cheerful giver.



THE PCTT CARES

As a community of believers, we need to demonstrate love for our neighbour. (Matthew 22:39)

The Presbyterian Church of Trinidad and Tobago (PCTT) affirms the Greatest Commandment of Christ, our Lord - to love one another as God loves each one and to love neighbour as self.

Although a personal choice, the PCTT cares that you protect yourself, your loved ones and your neighbour from COVID-19 by getting vaccinated guided by sound medical advice. **COVID-19 kept us apart but vaccines can bring us back together.** Make the responsible choice! Be safe and God bless!



ST. ANDREW'S THEOLOGICAL COLLEGE
in collaboration with
THE BOARD OF THEOLOGICAL EDUCATION

VIRTUAL ELDERS' RETREAT 2022

Grace Be With You All

SATURDAY 19TH
MARCH 2022
5 PM

MEETING ID:
859 0052 7174

P.O. Box 92 Paradise Hill
San Fernando
1.868.657.7554
1.868.653.0449
SATC@satc.edu.tt

BIBLE TRIVIA

At Jesus' trial in Mark, the Sanhedrin charged him with

a: theft

c: being empowered by Satan

b: blasphemy

d: not observing Sabbath laws

Lastmonth's
Answer.
d. Jesus' baptism
by John

Lent

A Season of Preparation

STEPHANIE BALDEOSINGH, ARAMALAYA PASTORAL REGION

The New Testament gives an account of Jesus, being led by the Holy Spirit, retreating to the wilderness to fast for forty days. This occurred after His Baptism when the Holy Spirit descended upon Him, and God the Father said, "This is my beloved Son, with whom I am well pleased."

Jesus, being fully God but fully man, would have experienced human weakness after fasting for so long. 2 Corinthians 12: 9-10 tells us that when we are weak, then, we are strong. God's grace is sufficient for us, and His Power is made perfect in our weaknesses. Since Jesus was fully man, He would have been now fully dependent on strength coming from His Heavenly Father at this time.

In the beginning, God (Elohim) created the heavens and the earth (Genesis 1:1). "Elohim" is a Hebrew Name for God, meaning "Strength" or "Power". Throughout the Bible, God promises His Strength to His People. Jesus was dependent on God, (Isaiah 40:26), who upholds the stars with His Hands to strengthen Him so that He could be ready to fulfill His Divine Mission.

Just as Jesus was led into the wilderness by the Spirit, let us ask the Spirit to lead us - to show us where we need to be emptied of worldly things so that we can be filled and strengthened by God alone! For only God knows the plans that He has for each of us. We know that while we can plan, only His Divine Will for our lives will prevail. We all have work to do

for God, unique to each of us; we all have a unique way in which we were called to serve our Father. 1 Peter 4:11 says, "If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ."

This Lent, let us ask God to weaken us in worldly desires, so that He may strengthen us – so that our Service to Him brings Him the glory that He deserves!



"For we walk by Faith,
not by sight."
- 2 Corinthians 5:7

UWI Presbyterian

Presbyterian Youths Connect (PYC)

868.336.0923

Rev. Anthony Rampersad (Chaplain)

uwi_presbyteriantt@gmail.com

UWI Presbyterian

@uwi_presbyterian



DEACONESS AMBER SEESAHAI-PAYNE, CLAXTON BAY PASTORAL REGION

BIBLE MESSAGE STORY

Before we start you must get a bag of jellybeans. prophets depend on these two commands."

WHITE JELLYBEAN

Scripture: John 13:1-5. *Jesus washes the disciples' feet.*

White jellybeans remind us that Jesus lived a perfect life and set the example for how we should live. Many people believed the Messiah would be a conquering king, coming to claim what was his. Instead, Jesus humbled himself, made himself nothing, and poured himself out for our sake. Jesus wants us to follow his example; to feed the hungry, care for the sick, and love the least of these.

RED JELLYBEAN

Scripture: Matthew 16:21-23, John 18:1-14. *Jesus is arrested, and the disciples scatter.*

Red jellybeans remind us of God's love. The last thing the disciples expected was for Jesus to die. How could Jesus save his people if he were dead? But dying was the only way to save us from our sins, and Jesus was the only person who could make the ultimate sacrifice.

BLACK JELLYBEAN

Scripture: Mark 15:6-15, John 19:17-30, Luke 23:39-43. *Jesus dies and is buried.*

Black jellybeans remind us of the dark tomb. The tomb is no one's favourite part of the Easter story,

but without the tomb, there is no story. Jesus was put to death, and his death was the final sacrifice for our sins. Without the tomb, there is no resurrection. The good news is, because Jesus died and rose again, we can be with him in paradise.

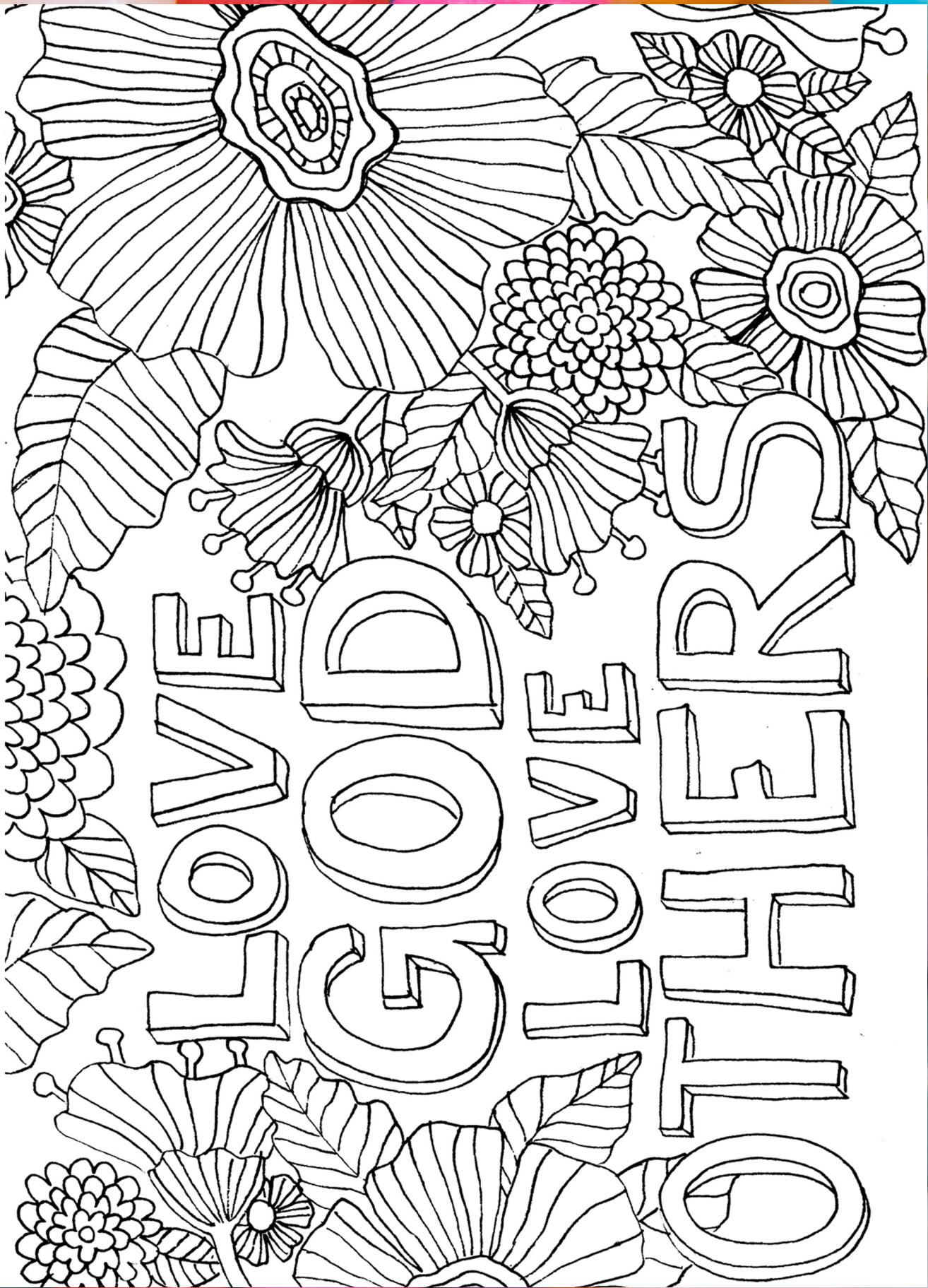
YELLOW JELLYBEAN

Scripture: John 20:1-18. *Jesus rises from the tomb.*

Yellow jellybeans remind us of the sunrise on Easter morning. On Easter Sunday we celebrate the happy ending - Jesus is risen! Because Jesus rose from the grave, we can be reunited with God. We can receive eternal life, and a new life here on Earth. Until then, Jesus wants us to share the good news with others.

MEMORY VERSE

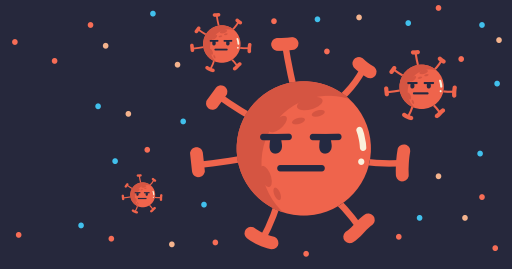
"No one has greater love than the one who gives their life for their friends." John 15:13 NIRV



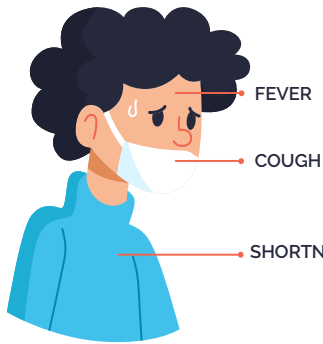
nCoVid-19

NOVEL CORONAVIRUS 2019

Help us beat the virus' spread. Keep practicing these for the prevention of the virus's impact for everyone



MOST COMMON SYMPTOMS



38°

FEVER

COUGH

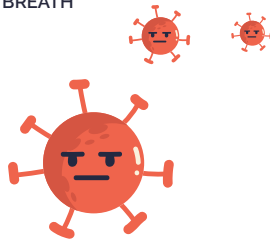
SHORTNESS OF BREATH

OTHER

- DIARRHEA
- VOMITTING

ADVANCED CASES

- PNEUMONIA
- RENAL FAILURE



PREVENTION



WEAR A MASK WHEN YOU GO OUT IN PUBLIC



AVOID TOUCHING YOUR OR ANYONE'S FACE



KEEP YOUR DISTANCE FROM OTHERS (6 FEET)



WASH YOUR HANDS OFTEN WITH SOAP AND WATER OR USE AN ALCOHOL-BASED HAND SANITIZER



COUGH INTO A TISSUE OR INTO THE CROOK OF YOUR ELBOW



CLEAN THEN SANITIZE SURFACES (E.G. TABLE TOPS, DOOR KNOBS AND CELL PHONES)



STAY AT HOME AND REST IF YOU ARE ILL

TRANSMISSION

- AIR-BORNE DROPLETS
- CONTAMINATED OBJECTS
- ANIMALS
- HUMAN DROPETS

(SOURCE: MINISTRY OF HEALTH, TRINIDAD AND TOBAGO)



DOMESTIC VIOLENCE & ABUSE HELPLINES

Domestic Violence & Abuse Hotline: 800-7283

Rape Crisis Society North Office: 627-7273

Rape Crisis Society South Office: 657-5355

Families in Action: 628-2333 / 622-6952

National Help Line: 800-4357

Rainbow Chat: 321-3393

Lifeline: 645-2800/622-6952



Lot #19 Endeavour Industrial Estate,
Chaguanas, Trinidad W.I.
TELEPHONE: 1 868 665 6955

143B, Maraj Avenue, Marabella,
Trinidad W.I.
TELEPHONE: 1 868 352 0625

Serving All Religious Denominations
Caring in a Real and Practical Way
Just being there for you in your time of NEED

TEL: 652 DASS (3277)

The Trinidad PRESBYTERIAN

COMMUNICATIONS COMMITTEE

| | |
|----------------------------|--------------------------------|
| CHAIRMAN | Michael Cooper-Ochiengh |
| SECRETARY | Geeta K. Maharaj |
| ASSISTANT SECRETARY | Intern Minister, Robert Dinnoo |
| TREASURER | Angela Arjoon |
| EDITOR | Presiding Elder Aasha Mahabir |
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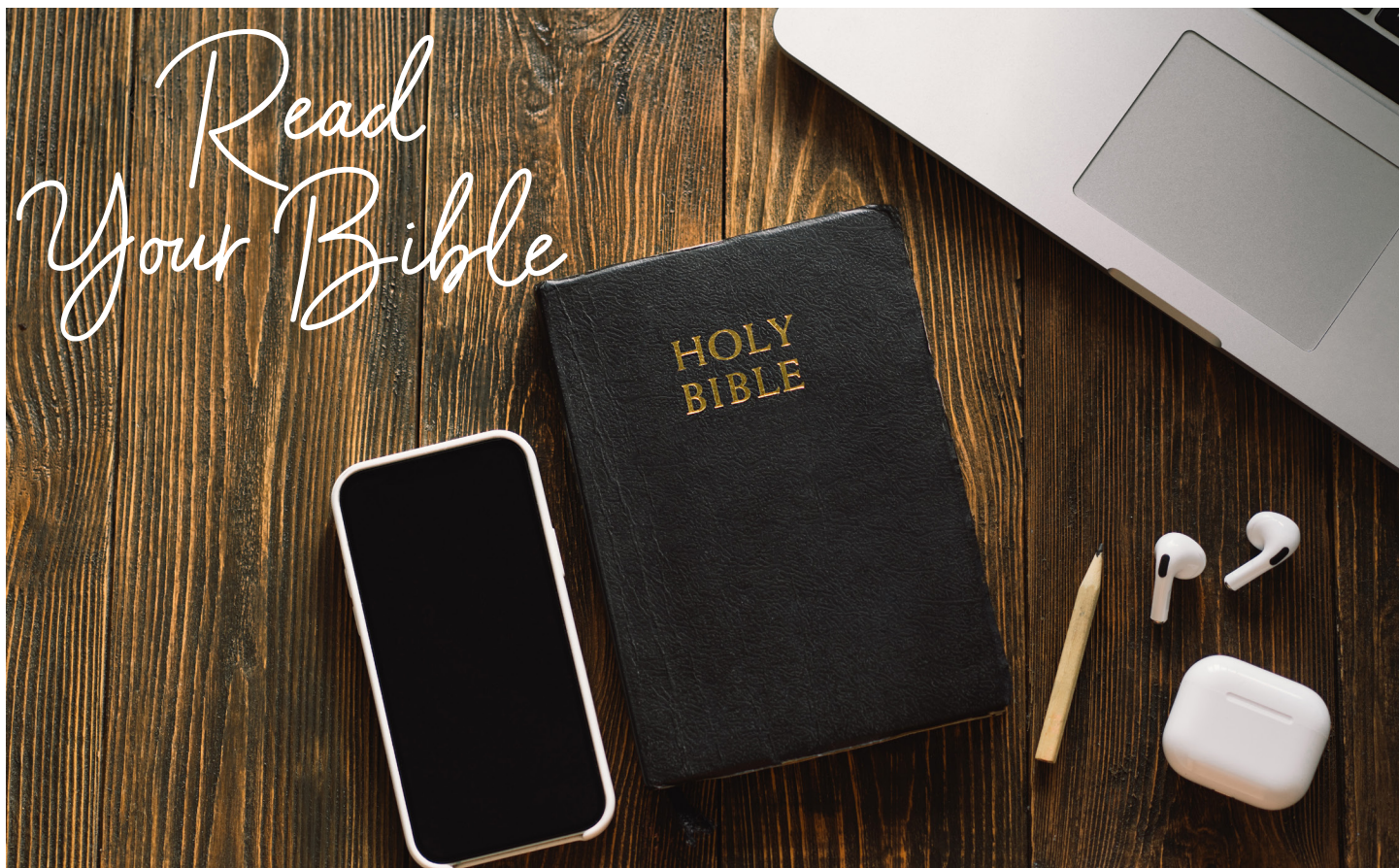
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Read Your Bible



2022
March

“Preparation”

| | | | | | |
|------------------|---------------------------|----------------------------|------------------------------|-----------------------------|---------------------------|
| SUNDAY | | <i>Romans 10:8b-13</i> | <i>Psalm 27</i> | <i>Psalm 63:1-8</i> | <i>Psalm 32</i> |
| MONDAY | | <i>1 John 2:1-6</i> | <i>Romans 4:1-12</i> | <i>Jeremiah 11:1-17</i> | <i>Leviticus 23:26-41</i> |
| TUESDAY | <i>Psalm 42</i> | <i>2 Peter 2:4-21</i> | <i>1 Corinthians 10:1-13</i> | <i>Ezekiel 17:1-10</i> | <i>Leviticus 25:1-19</i> |
| WEDNESDAY | <i>Joel 2:1-2, 12-17</i> | <i>Job 1</i> | <i>Luke 13:22-31</i> | <i>Numbers 13:17-27</i> | <i>Luke 9:10-17</i> |
| THURSDAY | <i>Exodus 6:1-13</i> | <i>Philippians 3:2-12</i> | <i>Revelation 2:8-11</i> | <i>Joshua 4:1-13</i> | <i>Isaiah 43:1-7</i> |
| FRIDAY | <i>Exodus 6:1-13</i> | <i>Philippians 3:17-20</i> | <i>Revelation 3:1-6</i> | <i>Hebrews 10:4-10</i> | |
| SATURDAY | <i>Psalm 91:1-2, 9-16</i> | <i>Matthew 23:37-39</i> | <i>Luke 6:43-45</i> | <i>2 Corinthians 5:6-15</i> | |