

# The Trinidad PRESBYTERIAN

THE OFFICIAL PUBLICATION OF THE PRESBYTERIAN CHURCH OF TRINIDAD AND TOBAGO



FEBRUARY & MARCH 2021 | \$4.00

A PRAYER FOR

# Lent

Loving God, you hate nothing you have created.  
In love and mercy you forgive our sins.  
You have made us for yourself,  
our hearts are restless until we find our rest in you.  
Enable us to return to you and to your way.  
Create in us a new heart and a right spirit,  
so that we might love you with every fabric of our being,  
and follow you all the days of our life.  
Amen.

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# Moderator *speaks*



## a new ATTITUDE



THE RT. REVEREND JOY ABDUL-MOHAN

**B**y the time this issue of the Trinidad Presbyterian reaches you, a lot of historic changes would have taken place both locally and abroad. In the USA, a new President and Vice President would have been inaugurated. US Vice President Kamala Harris would be the first woman and first African-Asian to occupy that office. On the downside, it would be the first time since 1812 that the US Capitol would be invaded, not by external forces, but by home-grown rioters threatening democracy.

Here at home, a new strain of COVID-19 reached our shores, congregational meetings are underway and the Christian Church would have started its Lenten Journey.

How do these events relate to each other? Each event points to new beginnings and calls for a new attitude to the way we conduct ourselves and live our lives as new Creations in Christ. This is more significant in relation to the Annual Congregational Meetings and other church meetings held to ensure that the mission of the Church is fulfilled according to the will of God.

Sadly, the attitude displayed by some, especially those at the leadership level, is sometimes disappointing. There seems to be a lack of Christian discipline, respect and spiritual maturity regarding relationships and treating with Church matters. As leaders it is important that we be cautious when we speak and act.

The Apostle Paul reminds us in Ephesians 4:22-24, *You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.* (NIV)

Attitudes are largely our natural reaction to things that happen to us. For example, the normal tendency if somebody slaps you in the face, is for you to slap them back. Or if someone lies about you, you may add a few more lies about that person. However, this is not the way of Christ. Attitudes are the interior decoration of our lives and can even re-decorate our lives. They paint the walls and ceilings of our minds, affect our countenance, and can even change our tone of voice.

Sadly, some people seem to be painted one way all the time.

The well-known preacher Charles Swindoll makes an important point about attitude, "The longer I live, the more I realize the impact of attitude on my life. Attitude to me, is more than facts...It is more important than appearance, giftedness or skills. And yet we spend most of our lives working on our appearances, our giftedness and our skills, and very little time on our attitude... We cannot change our past... we cannot change the fact that people will act in a certain way... The only thing we can do is play on the string we have, and that is our attitude... I am convinced that life is 10% of what happens to me and 90% how I react to it."

As we continue our Lenten Journey, which provides the opportunity for self-examination, self-reflection and introspection, may we reflect on Jesus' journey to the Cross. May God help us to focus on His suffering; His sacrificial death and our own discipleship, so that we may develop a more Christ-like attitude!

Blessings always!

# TIME FOR ACTION IS NOW



**T**he senseless kidnapping/murder of 23-year old Andrea Bharatt on 29 January 2021 may just be the catalyst for a serious overhaul of our strategies in combatting violence against women in Trinidad and Tobago.

Every time a woman's life is snuffed out through brutal and violent means, the society erupts in indignation and then, the "ole talk" begins about what should or should not be done to stem the tide of criminality. Then, as the trauma wears away, we drift back into the usual inertia until another victim succumbs at the hands of criminals. It is like the old Chinese Mandarin dance – one step forward, two steps backward.

Citizens' patience is being challenged. It is clear to us that the criminal elements in our country care less about human life, civil laws, religious exhortations, justice or even the police. As a society based on moral and spiritual values backed by laws and rules, we have been using the soft approach hoping to reach the conscience of those bent on evil action. However, our messages are not influencing a change in their criminal behaviour. We can throw up our hands in despair, but that is not an option. We must find a solution. We must accept now that the soft

approach is not working. It is as if we are simply making excuses for the criminals.

Just two months ago, during the period 25 November 2020 to 10 December 2020, civil society groups, including the churches, held a 16-day period of Activism Against Gender-based Violence hoping to sensitize all and sundry about this societal scourge. Since then, 18-year-old Ashanti Riley was kidnapped and brutally murdered. Now, we are faced with a similar incident leading to the death of Ms Bharatt. The question is, how many more of our young women must face this type of brutality before we realise that we have to change our strategies in dealing with this scourge.

We really cannot ask the Police to solve crime and then tie their hands behind their backs. They must be given the tools to assist them. The law is a major tool in the fight against crime. Indeed, no one law can achieve this. It will take measures in all the anti-crime legislations to make a dent. Therefore, we must tell our parliamentarians to stop the unhelpful narrative that laws aimed at restricting criminals cannot stop this or that crime. That is simply not true. Adopting this mind set is really an excuse for the inertia to continue. Criminals are emboldened when they hear lawmakers say these things.

What is required now is for the sixteen or so women's organisations in the country, as well as civil society groups and the religious fraternity to make a sustained, united call to the Opposition in Parliament to join with the Government to pass all the outstanding anti-crime legislations or amendments already proposed. We note that this collaboration has started with the unanimous passage of the Evidence (Amendment) Bill in Parliament. Such a united approach will send a strong signal to the criminals that we are serious..

This is the time for us to make a choice, it is either we protect our right to have a peaceful, crime-free society or we protect the rights of the criminals. We still can achieve both by stricter anti-crime laws; ensuring that the justice system works for the people and not the criminals; strengthening the crime-detection infrastructure and taking steps for one's personal safety. The vigils and public demonstrations will be meaningless unless they are accompanied by firm calls for legislative action and institutional sensitivity in the fight against crime. Our prayers are with all families who lost loved ones at the hands of a small band of depraved people in our midst.



# PREPARING FOR THE MYSTERY OF THE RESURRECTION

REVEREND ANNABELL LALLA-RAMKELAWAN

**T**he season of Lent is a time to prepare our hearts and minds for the mystery of the resurrection. We all do this differently. Some churches place ashes on the foreheads of worshipers on Ash Wednesday; others don't. Some sing no Hymns with "Alleluias" until Easter morning; others have special midweek services

colour for Lent is purple, and in some churches, blue.

One of the most common Lenten practices is fasting. This can mean giving up certain foods or habits. As we engage in fasting, we must ask the crucial question: Are we practising the fast God calls for? Does our fast remind us to love God and love our neighbours as ourselves? Are we focused on the

ponder in your heart how God has taken care of you from morning to evening.

Or you can immerse yourself in the Word of God – let poetry, images, commands, stories and hymns come into your heart, thus deepening your spirituality and Christian discipleship. Focus on the living God revealed to us in Jesus Christ to whom we bear witness.

*Lent is a time of discipline, reflection and abstinence in imitation of Christ's self-denial and preparation for the Holy celebration of Easter.*

Ash Wednesday marks the beginning of the Lenten season, a forty-day observance preceding Easter. Lent is a time of discipline, reflection, and abstinence in imitation of Christ's self-denial and preparation for the Holy celebration of Easter. Lent is also a time of penance and repentance of one's sins. In the season of Lent we celebrate: Passion Sunday/ Palm Sunday, Holy Week, Maundy Thursday, and Good Friday. The

work of God and the ministry of Jesus to the poor, the oppressed, the sick, the lonely and the vulnerable? Are we practising love, kindness, justice, and mercy? Are our hearts shut up or open to God?

Lent is not just about fasting or giving up something – it can be about adding something like adopting a new practice. Maybe this Lent you can take up the practice of spending five minutes looking at the sunrise or the sunset. Then,

You can also sit and read Scripture every day. Open your mind and heart, so Jesus can teach you what true discipleship is. For Lent this year, take up the practice of keeping one another in prayer.

Lent, calls us to focus on Jesus Christ. He was born for us, lived and died and was raised from the dead for our salvation.

(The cover page Lent prayer was written by Reverend Ramkelawan)

# KNOW YOUR FAITH SERIES



REVEREND ADRIAN SIEUNARINE

## LOVE IN A TIME OF COVID

**B**iblical writers took words and gave them new meanings when applying them to our relationship with God and each other. Love is a state of being – a resolution of the heart, mind, soul and body.

In the (Hebrew) Old Testament, *ahav* means love manifesting as attention (Leviticus 19:18; 1 Samuel 18:1; Isaiah 43:4) and is the most popular word for love. Interestingly, the opposite of *ahav* is *sanuh* which means hate as well as sleep, because in the Bible sleep is often a metaphor for aloofness or indifference. *Hesed* (Psalm 23:6) means lovingkindness, covenant love or mercy. *Raham* refers to love that is from a caregiver to the recipient of that care like a parent's devotion to a child (Isaiah 49:15, Psalm 103:13). *Hashaq* means a deliberate choice to love someone and, like the other words, is used for people's relationships as well as between God and his people (Genesis 34:8; Deuteronomy 10:15; Psalm 91:4).

In the (Greek) New Testament, only three out of about eight Greek

words prevailing at that time for love are used.

*Phileo* is used of intimate affection (John 11:3, 36) and when people like to do things which are enjoyable (Matthew 6:5).

*Storge* is used for natural empathy, for instance for relationships within a family. In Romans 12:10 "storge is used as part of a compound word with *philos*: *philostorgos* which means devoted or kindly affectionate.

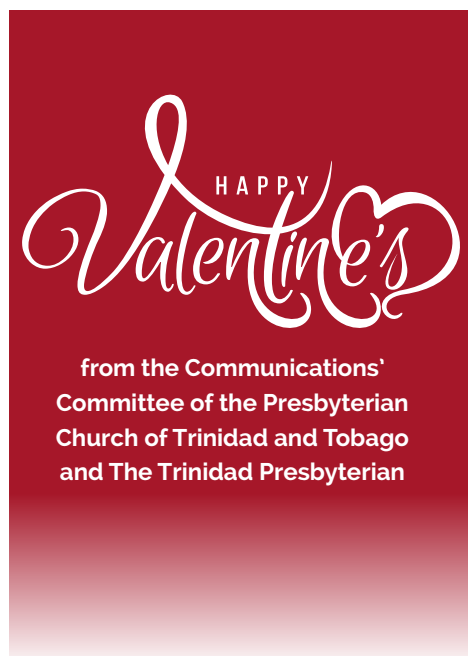
*Agape* (pronounced "agapay") was seldom found in ancient classical Greek literature but is the word most frequently employed in the New Testament to describe the new life with the Lord and one another. It is used in three major ways:

- To describe the stance of God toward his Son, (John 17:26); the human race, generally, (John 3:16); and to those who believe in Jesus Christ (John 14:21).
- To convey God's will to the beloved children of God concerning their attitude, one

toward another (John 13:34) and their approach toward all people (1 Thessalonians 3:12).

- To express the essential nature of God (1 John 4:8).

God is love. When we love, we embark on a reality in which we live and move and have our being. We love and we learn what love means even when we live in a time when we are called to love through the courage to "refrain from embracing" (Ecclesiastes 3:5)



# teach children to *SHOW EMPATHY.*



COUNSELLING COLUMN WITH BERNADETTE GYAN-MANICKCHAND

Q

How can we, as parents or guardians, teach empathy to our children?

In today's world where the self is the focus, empathy is almost non-existent. It's all about "me" – selfies run rampant on social media and everyone else is excluded. Children throw stones at dogs, drop cats from high windows and laugh at the unfortunate animals. Surely, this is a sad situation. Empathy must be restored if Jesus' light is to shine through our children.

According to Michele Borba author of *"UNSELFIE: Why Empathetic Children Succeed in An-All-About-Me-World,"* it is up to us – the parents, teachers, and other caring adults – to encourage children to develop empathy and generosity towards others.

Research has shown that children model adults in their environment and so we begin to lead by example. Are we kind to our family members, neighbours, pets, or the unlovable vagrant?

Children need to be sensitive to the needs and sufferings of others and learn appropriate ways of responding. Adults who know,

respect, and appreciate the child can help that child feel emotionally secure and open to understanding the emotions of others.

A simple framework for fostering empathetic children is as follows:

**1. MODEL HOW TO VALUE FEELINGS.**

Whenever possible show warmth and empathy to others. Show understanding and sympathy to those who are sad, angry, or frustrated. When our own children show negative emotions provide support until they are okay and can move on.

**2. CONNECT FEELINGS, THOUGHTS AND ACTIONS OR BEHAVIOURS.** There are effects for all causes. Ask our children to take the perspective of another – "walk in another's shoes." Identify the feelings and ask what can be done to make him/her feel better.

**3. BUILD A CLIMATE OF EMPATHY.**

Whether it is in one's family or a classroom, put a focus of working together to create opportunity for sharing. If the children are still struggling with feelings of empathy, then create opportunities through role-play and highlight how kindness can benefit everyone involved.

Strong empathy skills can set children in gear for success in life.





# CRISIS IN THE FAMILY?

THE FAMILY CAN: A MONTHLY THOUGHT TO HELP IMPROVE THE FAMILY | HILTON R SIBOO

**T**he family in crisis encounters a wide range of emotional decisions wrapped up in doubt, confusion, denial, betrayal, grief, loss, conflict, abuse, violence, separation and perhaps death.

Crises come from sources both internal and external to the individual, family or group. While at times the approaching crisis is apparent, in most cases it comes on with little forewarning. This throws the family into disarray and despair, even hopelessness. Very often one crisis may result in an avalanche of events that develop into several other crises.

For a minute, let us define crisis –

1. [fr Greek *krisis* - a separating]. A turning point - the time when a disease changes for the better

or quickly grows worse; the height of any movement.

2. A time of serious difficulty or danger, a time when difficult decisions must be made.
3. [*Krisis from Gk kreinen* – to decide]. A crucial or decisive moment; a turning point; a time of difficulty or distress; an emergency.

There is hardly anyone who has not encountered a crisis in life. For some, it is few and far between. For others, it is periodic or seasonal and yet, for others, crisis is their way of life. Even as the Covid-19 crisis continues, so too the family and its members would continue to encounter crises.

Our thoughts, attitudes, behaviours and emotions and faith will be

challenged. The preparations and the decisions we make based on knowledge, information, and willingness to adapt – even for survival – will determine whether crisis gets the better of us or we get the better of crisis.

Remember, the family is not just a group or gathering without a common purpose. Never let it be said that the family cannot adjust as changes occur. Don't lose faith. Hold on strong. Believe. The Family Can.

*Very often one crisis may result in an avalanche of events that develop into several other crises.*

R E M E M B E R I N G

# Andrea Bharatt

Andrea, Andrea, Andrea!

A name that causes insomnia.

A story for all who would hear it,

Pause, as it takes more than a minute.

A girl, barely age 23,

Who represents part of you and me.

Innocently recovered from the death of her mother,

Invested in greatly by her family and father.

Grew up as though, most years spent in school,

Only to be slaughtered by a cold-blooded fool.

Travelled, as she would routinely,

With what seemed to be a legitimate taxi.

On a normal work-day, she was heading to home,

Her father was never expecting to end up alone.

1 hour passed, his being felt a stir,

Unprepared for what was about to occur.

2 hours passed and she still had not arrived,

He called her phone and started to cry...

A male voice answered and demanded ransom,

Her father got scared...for his only child-companion.

The story quickly reached the daily news,

A "missing girl" case with the most vague of clues.

Hours passed and her father pleaded,

Days passed and our prayers interceded.

Then suddenly, a highlight saying, "Body found!"

"Advance decomposed, thrown from a mountainous ground."

Trembling, Screaming, and shedding a tear...

Youths finally understanding our parents' greatest fear.

Body confirmed to be that of Andrea,

Shockingly identified by her desperate father.

At this point, words do not exist,

For how the nation angrily hissed.

A surprisingly collective and tremendous pain,

Criticizing our governments with bitter disdain....

Emotional, frustrated and hearts filled with chaos,

Citizens' opinions hit like stormy raindrops.

VALINI ARIEL SINGH | CORINTH PRESBYTERIAN CHURCH

An awareness was passionately raised,

Of our leaders who are often self-praised.

A simple detail Andrea possibly uncovered,

Alerting her superior and was afterwards murdered.

Putting practice from her years of study,

Mainly focused on Criminology,

Who knows what facts she came across,

A fighter for good, ended up as our loss.

Recently employed at the Magistrates Court,

Our unknown hope for a change came to an abort.

Only to hear that her murder was linked to her finding,

The level of corruption is beyond disheartening!

This one case, caused inexplicable awareness and movements,

She was the sacrifice for some societal improvements.

Women spoke out, brave and confidently,

Of the multiple traumas we battle silently.

Andrea cannot be faulted for misbehaviour or vulgarity,

She conducted herself quite professionally.

Yet we get blamed for us being catcalled and raped,

And some men get excused, despite behaving like apes.

They say we ask for it, by how we are dressed,

What are they really trying to profess?!

This girl was not revealing in any way,

But still was the victim of the greatest betray.

So many known and unknown cases, hurting families,

Multiple concerns with growing depression and anxieties.

Complex in every way, because we are all intertwined,

We needed an intervention from the Divine.

I have nothing to offer, except well wishes, prayer and support,

Toward all those who are fighting battles of different sort.

Let us unite within our temples, mosques, and steeples,

The only purpose being, reforming our peoples.



# Gloriana Boodram New Honorary Elder

SHIRLEY DEAN, ELDER | VALENCIA PRESBYTERIAN CHURCH

After 44 years as an Elder, Gloriana Boodram was elevated to Honorary Elder during a ceremony at the Isaac Smith Memorial Presbyterian Church (Arima Presbyterian Church) on Sunday 06 December 2020.

The service, which included Holy Communion, was organized by the Session of the Arima Pastoral Region, and conducted by Reverend Emmanuel Ramdeen. Clerk of Session Daniel Haradan presented Ms Boodram for elevation. Special greetings came from The General Secretary of Synod, Terrence Warde, and Northern Presbytery Secretary, Dianne Ramjattan. Representatives of the four churches in the Pastoral Region also brought greetings. The service was also streamed via YouTube.

It was disclosed that Ms Boodram's parents, Andrew and Florence Boodram had her baptised at infancy at the Isaac Smith Memorial Presbyterian Church. The baptism was performed by the late Canadian missionary Reverend George Murray. From early in her life, she became an active and committed member of the Church. During her years of service in the Church, Ms Boodram was elected to the Local Board and Official Board (now renamed Session), serving as Secretary on both Boards. It was a position she held for many years. She served on various Boards and Committees of the Presbyterian Church of Trinidad and Tobago (PCTT) including Synod and Chairperson of the Board of Women.

Church members believe that God chose well when He planted the call upon her heart to serve Him. She has given her best in sharing



the love of Christ with many. She displays all traits of a true disciple committed to Christ. May God grant her health and strength and continued passion for His will.

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Roy Umraw



# DEMOCRACY AT WORK IN THE PCTT

HARRY PARTAP

**E**very two years, all levels of leadership of the Presbyterian Church of Trinidad and Tobago (PCTT) face an audit through democratic elections. There are elections for Elders, the Local Boards and Pastoral Region Sessions, all leading to a reconstituted Synod and the election of a Moderator. However, elections are held annually at Local Boards. This process has already started with all the churches in the 24 pastoral regions across the country holding their annual congregational meetings. This exercise makes the PCTT one of the most democratic religious denominations in our country.

The PCTT adheres to accountability and transparency. All Local Boards, Sessions, Presbyteries, Boards and Committees of the church are required to have an audited financial statement for presentation at the end of each financial year. Apart from the financial statement, there

must be a report on the activities of each group within the church.

There is a symbiotic relationship between the clergy and laity in the Presbyterian Church. This relationship was celebrated in *The Missionary's Right Hand* edited by Dr Jerome Teelucksingh. As the church continues this partnership, it will be of interest to examine the difference between a ministry and a job. This excerpt is taken from the South African-based, *Trinity Presbyterian Church Newsletter*:

## THE DIFFERENCE BETWEEN A MINISTRY AND A JOB

- If you are doing it because no one else will – it's a job. If you are doing it to serve the Lord – it's a ministry.
- If you are doing it just well enough to get by – it's a job. If you are doing it to the best of your ability – it's a ministry.
- If you will do it only so long as

it doesn't interfere with your other activities – it's a job. If you are committed to staying with it even when it means letting go of other things – it's a ministry.

- If you quit because no one praised you or thanked you – it's a job. If you stay with it even though no one seems to notice – it's a ministry.
- If you do it because someone else said it needs to be done – it's a job. If you are doing it because you are convinced it needs to be done – it's a ministry.
- It's hard to get excited about a job. It's almost impossible not to get excited about a ministry.
- If your concern is success – it's a job. If your concern is faithfulness – it's a ministry.
- People may say "well done" when you do a job. The Lord will say "well done" when you complete your ministry.



# ST. ANDREW'S THEOLOGICAL COLLEGE

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## THEOLOGICAL EDUCATION SUNDAY 2021

### MESSAGE FROM THE PRINCIPAL

On this Theological Education Sunday, we engage in reflection on the theme of the Presbyterian Church of Trinidad and Tobago for 2021 which is our promise to the Lord to live a faithful life and to build relationships in community. That theme springs from the theme of the Lenten Booklet which is the promise of Christ in Matthew 28:20 "I am with you always."

Among the unusual and unprecedented things that occurred in 2020 with the restrictions on worship services was that there was no Theological Education Sunday! This year and onward, then, let us recommit ourselves to loving the Lord and learning about him and his work.

Let us engage in three ways we can support the vision and mission of St Andrew's Theological College (SATC) to bring people to Jesus, and Jesus to people:

1. We can pray for, support, speak kindly and positively about, offer our talents and abilities to, and uplift SATC.
2. We and the people we know can study at SATC. Anyone is welcome to study any course at SATC! The College is a welcoming, enthusiastic community of people committed to learning what it means to live for Christ in the world today.
3. We can give a financial gift to SATC. The tasks of teaching and learning require resources, technology and infrastructure that call for investment in the Lord's work. Our donation makes a difference. When we bequeath to SATC, future generations are blessed by our foresight.

May the Lord bless us and keep us, so we go on our way rejoicing in the Lord always!

Yours sincerely,

Rev. Adrian D. E. Sieunarine  
Principal  
St. Andrew's Theological College

# THEOLOGICAL EDUCATION SUNDAY

SUNDAY 21ST MARCH 2021

## PREACHING SCHEDULE

THEME: "Living Faithfully in Christ and Building Relationships in Community"

1	SAN JUAN / WOODBROOK		
	San Juan	07:30 a.m.	Presiding Elder Larry Kowlessar
	Santa Cruz	09:00 a.m.	Ms. Dianne Phillip-Ramjattan
	Woodbrook	10:30 a.m.	Ms. Dianne Phillip-Ramjattan

2	ARAMALAYA		
	Tacarigua	07:00 a.m.	Ms. Nadia Mitchell
	Aramalaya	07:45 a.m.	Reverend Annabell Lalla-Ramkelawan
	Warrenville	09:00 a.m.	Reverend Annabell Lalla-Ramkelawan
	Kelly	10:30 a.m.	Ms. Jesslyn Ramlal

3	ARIMA		
	Arima	07:00 a.m.	Mr. Charles Mahabir
	Valencia	08:30 a.m.	Reverend Damien Sieunarine
	San Carlos	09:00 a.m.	Mr. Charles Mahabir
	St. Helena	10:30 a.m.	Reverend Damien Sieunarine

4	GUAICO		
	Caratal	06:30 a.m.	Student Deaconess Amber Seesahai-Payne
	Cumuto	06:45 a.m.	Deaconess Lisa Dharamgit
	Cunaripo	08:00 a.m.	Mr. Daniel Haradan
	Guaico	10:00 a.m.	Mr. Daniel Haradan

5	SANGRE CHIQUITO		
	Sangre Chiquito	07:00 a.m.	Reverend Sanya Beharry
	Plum Road	08:30 a.m.	Reverend Sanya Beharry
	Grosvenor	07:00 a.m.	Ms. Gita Dattoo
	Fishing Pond	09:00 a.m.	Ms. Barbara Dyal
	Plum Mitan	10:00 a.m.	Mr. Ralph Ramjattan

6	<b>CUREPE / ST. JOSEPH</b>		
	Maracas	07:00 a.m.	Dr. Reynold Baldeosingh
	St. Joseph	08:30 a.m.	Dr. Reynold Baldeosingh
	Curepe	10:00 a.m.	Reverend Indra Kokaram
	Caroni	07:00 a.m.	Reverend Indra Kokaram
	Latchu Memorial (Bamboo)	08:30 a.m.	Mr. Peter Babulal

7	<b>CHAGUANAS</b>		
	Robinson Memorial	07:00 a.m.	Student Minister Stefan Wilson
	St. Charles	09:30 a.m.	Student Minister Stefan Wilson
	Las Lomas	07:00 a.m.	The Rt Reverend Joy Abdul- Mohan
	Cunupia	09:00 a.m.	The Rt. Reverend Joy Abdul- Mohan
	Felicity	08:00 a.m.	Deaconess Anupa Nanan

8	<b>CHASE VILLAGE</b>		
	Waterloo	07:30 a.m.	Presiding Elder Orlando Nagessar
	St. John (Bank Village)	08:30 a.m.	Presiding Elder George Sammy
	Anugrah (Calcutta)	08:30 a.m.	Reverend Stephen Harripersad
	Nistar	10:00a.m.	Reverend Stephen Harripersad

9	<b>COUVA</b>		
	Mc Bean	07:00 a.m.	Ms. Deborah Jamurath
	Balmain	08:30 a.m.	Reverend Clifton Mathura
	Knox	08:00 a.m.	Ms. Geeta Maharaj
	Indian Trail	10:00 a.m.	Reverend Ria Thompson-Jimdar

10	<b>CLAXTON BAY</b>		
	Ebenezer	07:30 a.m.	Reverend Winston Ramkissoon
	Mizpah	09:00 a.m.	Reverend Winston Ramkissoon
	Carolina	07:00 a.m.	Reverend Letra Jacob
	Green Memorial California	08:30 a.m.	Reverend Letra Jacob
	Esperanza	10:00 a.m.	Ms. Fairy Lalla

11	<b>MARABELLA / BONNE AVENTURE</b>		
	Marabella	07:00 a.m.	Reverend Errol Ragnauth
	Gasparillo	08:30 a.m.	Deaconess Calpurnia Ghouralal-Chance
	Bonne Aventure	07:00 a.m.	Presiding Elder Emmanuel Ramkarran
	Mayo	08:30 a.m.	Presiding Elder Emmanuel Ramkarran
	Reform	07:30 a.m.	Mr. Krishna Persad
	Ben Lomond	09:00 a.m.	Mr. Krishna Persad

12	<b>SUSAMACHAR</b>		
	Susamachar	07:00 a.m.	Reverend Anthony Rampersad
	Vistabella	08:30 a.m.	Reverend Anthony Rampersad
	Susamachar	05:00 p.m.	Reverend Manan Deo
	Corinth	08:30 a.m.	Reverend Daniel Chance
	Golconda	10:00 a.m.	Reverend Daniel Chance
13	<b>LA ROMAINE / DEBE</b>		
	La Romaine	07:00 a.m.	Student Minister Jessica Mahadeo
	Canaan	08:30 a.m.	Ms. Donna Partap
	Debe	07:30 a.m.	Reverend Kelvin Sookhansingh
	Esperance	09:00 a.m.	Reverend Kelvin Sookhansingh
	Hermitage	10:30 a.m.	Student Minister Kimberly Rajkumar
14	<b>PENAL</b>		
	Penal	07:00 a.m.	Reverend Radica Moonoo
	Penal Rock	08:30 a.m.	Reverend Radica Moonoo
	Divine Rock	09:30 a.m.	Ms. Alicia Mathura
	Mendez	08:30 a.m.	Presiding Elder Agnes Sultanti
15	<b>SIPARIA</b>		
	Erin Road	07:00 a.m.	Ms. Namelia Lutchman & Ms. Louella Ramsingh
	Siparia	08:00 a.m.	Reverend Keron Khellawan
	San Francique	10:00 a.m.	Reverend Keron Khellawan
16	<b>ORPOUCHE</b>		
	Morning Star	06:30 a.m.	Student Minister Bjorn Warde
	Eternal Light	08:00 a.m.	Student Minister Bjorn Warde
	Rousillac	09:30 a.m.	Deaconess Marlene Seenathsingh
17	<b>POINT FORTIN / CEDROS</b>		
	Guapo	07:00 a.m.	Mr. Lyndon Boodoo
	Salazar Trace	08:30 a.m.	Mr. Lyndon Boodoo
	Point Fortin	10:00 a.m.	Student Minister Cynara Dube-Sookoo
	Cedros	07:00 a.m.	Student Minister Cynara Dube-Sookoo
	Coromandel	08:00 a.m.	Mr. Martin Sahadath
	Point Coco	10:00 a.m.	Mr. Martin Sahadath
18	<b>DIAMOND</b>		
	Diamond	07:15 a.m.	Mr. Peter Arjoon
	Krist Mandli	09:00 a.m.	Mr. Ashford Tamby
	Lower Barrackpore	07:00 a.m.	Mr. Ashford Tamby
	Transfer	08:30 a.m.	Mr. Peter Arjoon

19	<b>BARRACKPORE</b>		
	Barrackpore Union	07:30 a.m.	Reverend Dr. Randall Sammah
	Lengua	09:00 a.m.	Reverend Dr. Randall Sammah
	Borde Narve	07:00 a.m.	Mr. Rafael Mohammed
	Clarke Road	07:00 a.m.	Reverend Brenda Bullock
	Rochard Douglas	09:00 a.m.	Reverend Brenda Bullock

18	<b>RIVERSDALE</b>		
	Morichal	07:00 a.m.	Reverend Shirvan Siloch
	Brothers	08:30 a.m.	Reverend Shirvan Siloch
	Riversdale	09:45 a.m.	NYC, Ms. Simone Singh-Sagar
	Poonah	08:00 a.m.	NYC, Ms. Simone Singh-Sagar

21	<b>TABAQUITE</b>		
	Piparo	06:30 a.m.	Reverend Satnarine Ramnath
	Jeffers {24 mile}	08:00 a.m.	Presiding Elder William Gokool
	Torrib Trace	09:30 a.m.	Presiding Elder William Gokool
	Tabaquite	09:30 a.m.	Mr. Dirk Bosland & Mr. Nickcolas Mitchell
	Flanagin Town	08:00 a.m.	Mr. Dirk Bosland & Mr. Nickcolas Mitchell

22	<b>PRINCES TOWN</b>		
	St. Andrew's	07:00 a.m.	Ms. Tracy Doman
	Iere Village	08:30 a.m.	Ms. Tracy Doman
	Jordan Hill	07:30 a.m.	Intern Minister Robert Dinnoo
	St. Mary's	09:30 a.m.	Intern Minister Robert Dinnoo

23	<b>TABLELAND</b>		
	St. James	07:30 a.m.	Rev. Adrian Sieunarine
	St. Julien	09:00 a.m.	Rev. Adrian Sieunarine
	Poole	07:00 a.m.	Ms. Victoria Rajkumar
	New Century	08:30 a.m.	P.E. Indra Debysingh

24	<b>NARIVA / MAYARO</b>		
	Rio Claro	07:00 a.m.	Lay Pastor Ivan Paul
	Mafeking	09:00 a.m.	Lay Pastor Ivan Paul
	Ecclesville	07:00 a.m.	Mr. Dave Jitta
	Biche	07:00 a.m.	Lay Pastor Reginald Amman
	Navet	08:45 a.m.	Ms. Raquel Sooklalsingh-Paul & Mr. Kurt Paul



REVEREND ADRIAN SIEUNARINE

# Spirit-filled with the Mind of Christ

**W**e may wonder why Presbyterians emphasize the education of our church leaders. Why are spiritual enlightenment and holy edification inextricably intertwined with theological education?

We are called to wisdom. The fear of the Lord is the beginning of wisdom (Proverbs 9:10). Wisdom leads us to an attitude of humility (James 3:13). In that spirit of humility, we recognize that when we are called to leadership, we join with Solomon in praying "Give me wisdom and knowledge, that I may lead this people, for who is able to govern this great people of yours?" (2 Chronicles 1:10).

Wisdom and knowledge involve learning the original languages of Scripture, learning the history and beliefs of Christ's people, and learning about ministry in the Church today.

Wisdom leads us to new capabilities, to spiritual power: "Wisdom is a shelter as money

is a shelter, but the advantage of knowledge is this: Wisdom preserves those who have it." (Ecclesiastes 7:12).

Calvin reminds us that almost all true knowledge consists of knowledge of God and knowledge of ourselves (Institutes 1:1:i). This delivers us from the banality of blissful ignorance into the realm of caring justice activated in divine discontent with the evils in this world: "The wiser you know, the more worries you have; the more you know, the more it hurts." (Ecclesiastes 1:18)

1 Corinthians 2:16 reminds us that we have the mind of Christ.

If we are to love the Lord our God with all our heart and soul and mind (Matthew 22:37), then we use our God-given nature to develop and strengthen all that we are, so our love would expand to fuller dimensions. Loving the Lord with the fullness of our mind therefore means loving learning about the Lord and His calling for us!



St. Andrew's Theological College

## ELDERS' TRAINING COURSE 2021

<b>Start date</b>	Saturday May 1st
<b>End date</b>	Saturday June 5th
<b>Duration</b>	6 weeks (Saturdays)
<b>Delivery</b>	Online
<b>Time</b>	9.00 am - 11.30 am
<b>Cost</b>	\$500

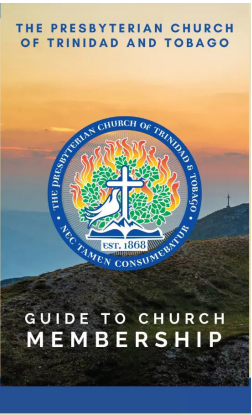
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is available for sale at the St. Andrew's Theological College (SATC)

Contact SATC at: 657-7554 or kimberly.ramkissoon@satc.edu.tt for further details.

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THE PRESBYTERIAN CHURCH OF TRINIDAD & TOBAGO



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INTERNATIONAL WOMEN'S DAY 2021

WEBINAR AND VIRTUAL TEA FELLOWSHIP

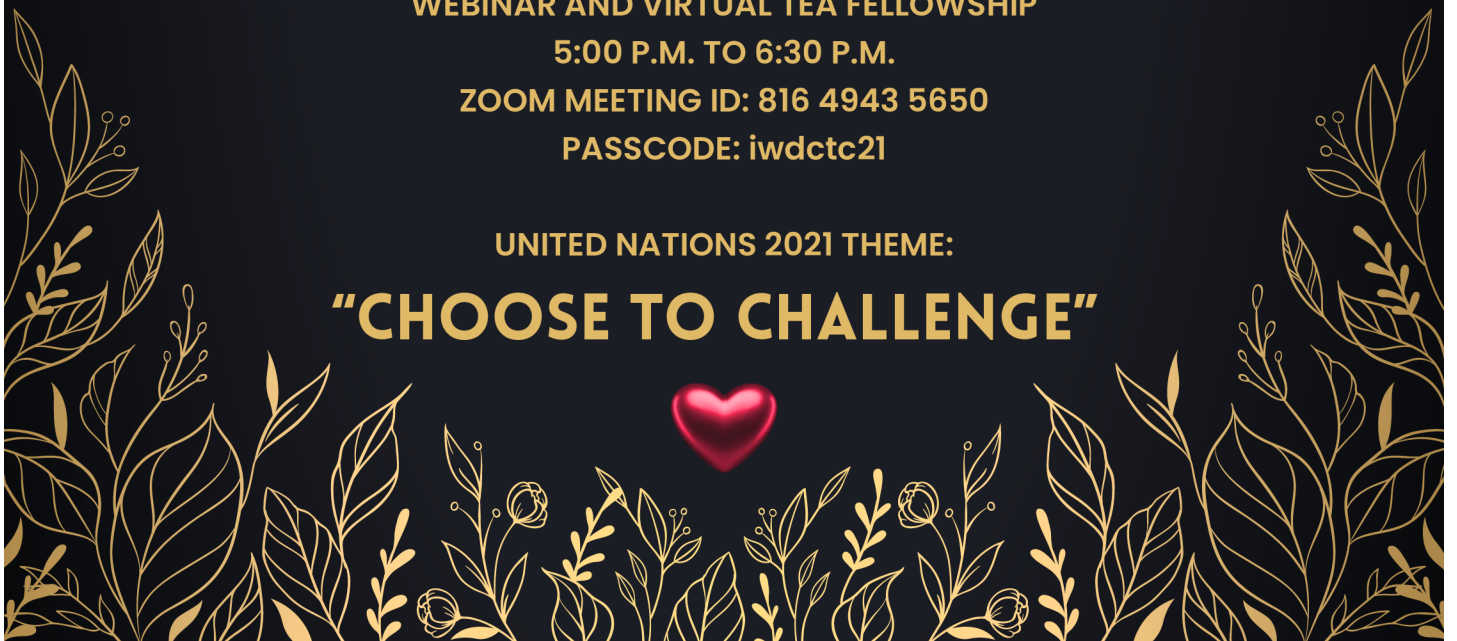
5:00 P.M. TO 6:30 P.M.

ZOOM MEETING ID: 816 4943 5650

PASSCODE: iwdctc21

UNITED NATIONS 2021 THEME:

**"CHOOSE TO CHALLENGE"**





# SACRED SPACE

Archibald Institute Bungalow,  
The Old Principal's House Destroyed by Fire

**PATTI-ANNE ALI**



**L**ike the home she lived in, Reverend Mary Naimool was an unforgettable presence. Both home and minister stood their ground for decades, inhabiting the colonial structures of building and ideology with native brilliance and originality.

The first Trinidadian female minister of the Presbyterian Church, Reverend Mary Naimool was ordained on 22 January 1968. It was a seminal moment, not just for the Presbyterian Church but for a whole generation of little girls who had never seen a female Minister before, and who would grow up to take their own place as leaders. Her majestic presence filled the Church; her resonant voice, challenging, commanding, guiding, and teaching about Divine Love.

Visiting Auntie Faj's gracious home in St. Augustine was like attending one of her sermons. It was the Archibald Institute bungalow also known as the Principal's house. The beautiful wraparound front porch that was always breezy, was like her all-inclusive messages of respect for all religions. Her bookshelf was crammed with a complex array of reading material, from religions of the world, to philosophy, to literature, to art, to science fiction - and she was able to converse on all of them. These packed bookshelves

were like her challenging and diverse theological arguments.

Sitting at the polished wooden table on the intricately carved wooden chairs, partaking of a meal she had cooked herself, was like the spiritual nourishment of her prayers, served with signature humour and unfailing grace. "Love one another" and "do unto others" were not just words - they were a living legacy and they inspired both her life and her home.

My sisters and I loved visiting that house that stood like a work of art in the midst of vast and luxuriant gardens. There were endless places to play hide and seek, huge, wooden pieces of furniture, enormous doors that required more than one tiny hand to open. You would often find one or all four of us curled up on the day-bed in the wrap-around porch, immersed in one of the many wonderful and interesting books she made available to us. Like her preaching, Auntie Faj made you feel at home both in Church and in the Manse. She filled this gracious home with family and friends and constant streams of Church members.

Singing hymns enthusiastically, she would prepare a meal for us, instructing my older sisters to only cook the "strimps" for three minutes or else it would get rubbery.

Running through the grass, looking for fairies behind the red hibiscus bush, talking about God's love and eating hot hops and butter... so many loving, inspiring memories - so much so that even when an unexpected fire razed the building to the ground on 21 December 2020, those memories refused to burn away. They rose like spirits from the blackened walls and the gutted rooms to strengthen the legacy of a Godly woman and a sacred space that were both built on the rock of faith. It is this spiritual rock that defies all destruction, upon which miracles and faith can still build human and Divine realities.

*[Editor's Note: Patti-Anne Ali is a niece of the late Reverend Mary Naimool. She is a playwright/director/actor. The Archibald Institute bungalow, known as the old principal's house on Austin Street, St Augustine, was destroyed by fire on 21 December 2020. Reverend Naimool had occupied the house during her tenure as a Minister. She was trained in Canada becoming the first female minister in the Presbyterian Church in 1968. The present Moderator, the Rt. Reverend Joy Abdul-Mohan is the first female locally trained minister in the PCTT. Reverend Abdul-Mohan was trained at the St Andrew's Theological College (SATC).]*

# The Passing of a Soldier In Christ

Retired school principal Augustus Gayadeen passed away in October 2020 at the age of 87. He began his teaching career as a Pupil Teacher at the Cunaripo Presbyterian School and retired 27 years ago as principal of the Warrenville Presbyterian School.

In paying tribute to Gayadeen, his good friend Jit Ganessingh described him as a "fallen star dimming the landscape around and casting a dark shadow on his family, friends and colleagues". Ganessingh, who is in his 90s and also a retired school principal, said he would miss Gayadeen who had been his travelling partner "in our

youth". Ganessingh, who is also a poet and a national award recipient, said they had been part of the Jan's Travelling Group which included the late Basdeo Rampersad and Noor Mohammed. Both men visited South, Central and North America, Europe, and Asia.

Gayadeen had served the Presbyterian Church for 40 years at the local congregation level and in education. In his early years he attended the San Juan Presbyterian School as a student and later as a teacher. According to Ganessingh, "he had a passion for reading great English novels as well as the works of Naipaul and Walcott". Ganessingh

said, "Augustus will be remembered as a good and faithful friend always willing to assist in any good cause". He left to mourn his niece Ena, nephews, family, friends and colleagues.

Ganessingh ended his tribute with a quote from the English poet, James Shirley (1596-1666): "The glories of our blood and state are shadows/ not substantial things./ There is no armour against fate./ Death lays his icy hands on kings, sceptre and crown."



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*"Violence against women cuts at the core of almost every society in which we live and work. We trust that by now you have joined us in the campaign-movement to end Sexual and Gender Based Violence. The campaign has several dimensions, beginning with wearing black and the "Thursdays in Black" pins as a sign of solidarity with those who stand against violence and who are surviving the trauma caused by SGBV. Pins are available at the Synod's Office for \$10 each. Let's take a stand together!"*

**Towards a world without rape and violence**

**THURSDAYS IN BLACK**

World Council of Churches



# It Happened In Bethlehem

**PATTI-ANNE ALI**

*Jingle bells, Jingle bells, Jingle all the way. Oh what fun to sing and praise, Our Saviour born today-ay!*

*Jingle bells, Jingle bells, Listen while we say, Jesus came into my heart, And washed my sins away!*

**T**he Curepe Presbyterian Church Sunday School children maintained a 15-year tradition of celebrating the Birth of Jesus with song and drama for church members on Sunday 20 December 2020 – only this time virtually. They performed a lively rendition of improvised words to Jingle Bells.

They lit the Advent candles and began the Christmas story narrated by Joshua. All the Christmas characters shared their story of Jesus' birth - Angel Gabriel, Mary, Joseph, the Shepherds, the Angels, the Wisemen and even the Innkeeper and the Donkey. This is the donkey's testimony, "I am the Donkey who took Mary from Nazareth to Bethlehem. ...I had no idea that I was transporting the mother of the promised Messiah. After I found out, I felt so elated. I am so honoured that I was chosen to transport this very special Lady."

The play entitled 'It happened in Bethlehem' was written by Sunday

school superintendent Aunty Kitty (Keturah Naranjit). All characters were portrayed by the children ages 4 to 15. Throughout the story, carols filled the air, sung by senior teacher Sharmila Singh, and the brother and sister team of Aiden and Aryanne. Aryanne sang Oh Holy Night accompanied by Aiden while Abigail, Aria and Sophia brought the story to end. Whether in a church building or online, children gathering to honour and praise God, will always bring immense joy to God's Heart.

# THE PRESBYTERIAN CHURCH OF TRINIDAD AND TOBAGO CELEBRATING 153 YEARS

*'Living Faithfully in Christ and building relationships in Community'*



STUDENT MINISTER, CYNARA DUBE-SOOKOO

**O**n the Epiphany evening of 2021, The Presbyterian Church of Trinidad and Tobago (PCTT) gathered physically, and for the first time, virtually, to celebrate its one hundred and fifty three (153) years of witness and service. The occasion was truly a time to reflect, refocus and be re-energized to continue the work of our Lord.

The Moderator of the Synod, the Rt. Rev. Joy Abdul-Mohan, reflected on the theme, "Living Faithfully in Christ and Building Relationships in Community," which was inspired by the vision of the World Communion of Reformed Churches (WCRC) and the Caribbean and North America Area Council (CANAAC). In her sermon, Rev. Abdul-Mohan drew on Matthew's narrative of the Magi to show that living out this theme calls us to witness to all of God's people, especially those whom we treat as "modern Gentiles", and perceive as outside the boundaries of God's love.

The Presbyterian community was also reminded that the Magi

personified the urge to worship and gave their best at the feet of Jesus, in contrast to Herod who personified the urge to control. Therefore, we also worship by giving our best to God in service to Christ and in our church.

The service of the PCTT has indeed been extraordinary within the last year. The General Secretary (GS) of the Synod of PCTT, Mr. Terrence Warde, reflected on the Church's last year of work and witness which required a creative navigation through the global pandemic. The PCTT responded to this change with its first virtual Synod and virtual services. The PCTT also reached out to the migrant community, distributed technological devices to students and even saw the ordination of a new Reverend. These all depict the resilience of the Church amidst the swiftly changing times.

Special gratitude is extended to the hosting church, the Aramalaya Presbyterian Church and all those who participated in making this service a blessing.

"May the God of Grace Who calls us; the God of Christ Who leads us; the Spirit of God who sustains us abide with us in strength, now and forevermore."



SERVICE PHOTO CREDITS: MR. ANAND OJAR



# Jagat Ka Prakash Celebrates 120 Years

TRACY-ANN VALLABH-PATEL

**T**he Jagat Ka Prakash (Light of the World) Presbyterian Church in Penal celebrated its 120th Anniversary with a difference using media technology to broadcast a virtual service of thanksgiving to members of the congregation at their homes due to the Covid-19 pandemic restrictions.

The service was conducted by Reverend Ria Thompson-Jimdar with assistance from Local Board chairman Roy Umraw and others. This service, along with the regular weekly services, are made available to members of the congregation through the church's web site.

In her on-line homily, Reverend Thompson-Jimdar reminded church members to incorporate their talents and treasures in whatever plans they may have to do God's will and work. She referred to both Psalm 77 and the Gospel according to John, where the Lord Jesus Christ was identified as the good shepherd giving endless love towards his sheep. She called on the congregation to restore and renew their faith in God especially at this time. She urged members to hold firm to God and trust in His faithfulness.

Members of the congregation had rallied around the church and

the wider community in providing assistance to those in need during the pandemic. Four persons were honoured for their dedication and loyalty to "God's service". They were Clifford Bullock - who heads the church's webpage linking the church to its members during this pandemic; Sharon Umraw - who heads the Love Offering committee and was responsible for the distribution of several food hampers and financial aid; Elizabeth Ramjattan - musical leader; and Reverend Thompson- Jimdar

# LENT

## MEMORY VERSE

Hebrews 4:15 - For our high priest is able to understand our weaknesses. He was tempted in every way that we are, but he did not sin.



*Hello Boys and Girls! We are going to learn all about the special season of Lent.*

*Lent is a journey we go on for 40 days from Ash Wednesday until Good Friday. We remember how Jesus died for us on the cross so that we can have freedom. We think about our sins and ask God to forgive us and help us to change our ways so that we can become better people.*

*During these 40 days, we spend time with Jesus by praying and reading the Bible, but we also give up something we enjoy to fight temptation. Some people give up eating meat for Lent, while others would give up sweets and chocolate. Even Jesus himself was tempted. In our Gospel lesson today, we read about the temptation of Jesus.*

## BIBLE STORY

*Matthew 4: 1-11 - Jesus is Tempted*

*After Jesus was baptised, he went out into the desert to pray. He stayed there a long time and got very hungry. He had not eaten anything because He was trying to listen to God and do what he said. I'm sure that his tummy must have been rumbling from hunger!*

*Suddenly, the devil came along and said to Jesus, "There is no reason for you to be hungry. If you are the Son of God, you could take one of these stones and turn it into bread." Jesus was hungry. It must have been*

*tempting, but he did not listen to the devil. He knew that the devil was trying to get Him to do something wrong. Instead, Jesus answered the devil with Scripture. He said, "It is written: 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"*

*Next, the devil took Jesus to the holy city up to the highest part of the temple. "If you are the Son of God, jump off of here and God will send his angels to save you." Jesus knew that it was wrong to test God, so he answered the devil saying, "It is also written: 'Do not put the Lord your God to the test.'"*

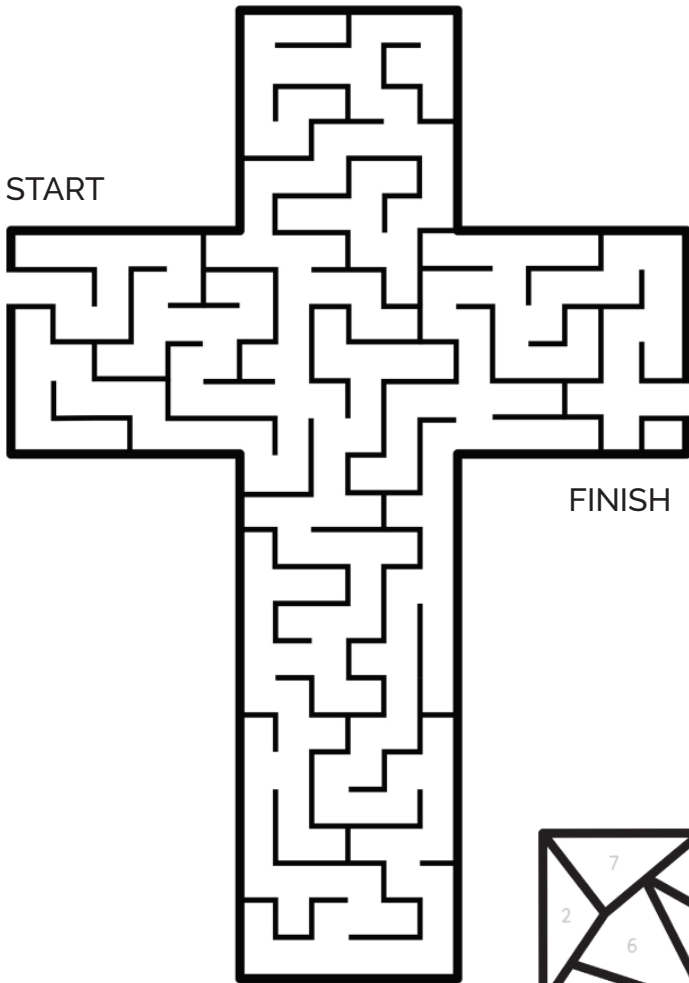
*Finally, the devil took Jesus to a very high mountain. He showed Jesus all the world below. "All of this can be yours. I will give it to you if you will bow down and worship me." Jesus answered, "Go away from me Satan! It is written: 'Worship the Lord your God and serve Him only.'"*

*Our story tells us that Jesus spent time alone to listen to God and think about his life. He prayed to God and reflected on his relationship with his heavenly Father. While in the desert he fasted for forty days. While he was in the desert he was tempted by the devil. But Jesus trusted in God, and overcame these temptations. Jesus did the right thing each time. He remembered what the Scriptures said and it helped him to resist the devil's temptation.*

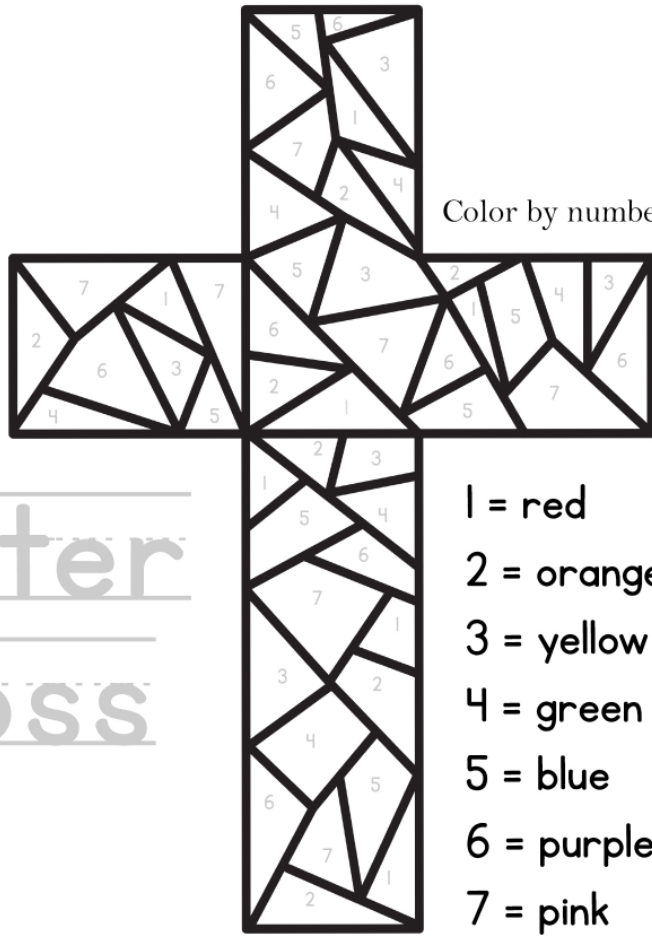
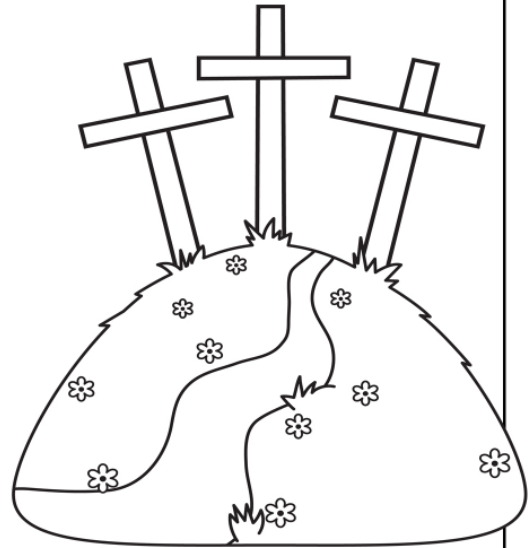


# Easter Cross Maze

START



FINISH



Easter  
cross

Images (c) Zip a Dee Doo Dah Designs, Hidesy's Clipart



SIMONE SINGH-SAGAR, THE NATIONAL YOUTH COORDINATOR OF THE PRESBYTERIAN CHURCH OF TRINIDAD AND TOBAGO

# OUR YOUTHS HAVE BEEN DOING GREAT THINGS!

## OUR VIRTUAL PRE-LENTEN YOUTH CAMP 2021

**Y**es! We took our Camp ONLINE and saw probably the largest turn-out of youths for a Pre-Lenten Youth Camp. There were seventy-six (76) registered campers ranging from ages 12 – 37. The largest groupings were of the ages 25+ and 12-15. Managing a camp for this wide age range meant that we had to do programs specifically targeted to meet the faith needs of each age range.

The Camp was split into eight (8) groups according to ages, to facilitate greater interaction among the campers. Each group was led by a Camp Committee member. Our theme was a sub-set of the national PCTT theme – *a C3 MeetUp: Christ-Centered Communities*, with a focus on Ecclesiastes 4:12, as we explored what communities with Christ-like attributes would be. We utilised virtual backgrounds and breakout rooms, features of Zoom, toward a

more interactive environment. Our Moderator visited the Camp and brought greetings to the youths present.

This year, the NYC and BOYA took a different angle at the Camp Committee and engaged the special, unique and growing skills of our Students in Ministry. They formed the Camp Committee along with members of BOYA, led by the National Youth Coordinator. Each Student was asked to pull youths from their Pastoral Regions to lead in the various sessions of the Camp. We extend a heartfelt Thank You to the following students and their youths who generously and willingly assisted:

- Intern Minister Robert Dinnoo and the youths of Nariva/ Mayaro
- Student Deaconess Amber Seesahai-Payne and the youths of Susamachar
- Student Minister Bjorn Warde and the youths of Princes Town
- Student Minister Cynara Dube-

Sookoo and the youths of Aramalaya

- Student Minister Jessica Mahadeo and the youths of Chaguanas
- Student Minister Stefan Wilson and the youths of Curepe/St Joseph

We are also thankful for the interest and assistance of our Deaconesses, with special thanks to Deaconess Seenathsingh for leading in a Session on Mental Health. Gratitude is extended to all our Youths, Parents and Youth Coordinators. May God always be with us!

## CHILD LINE TRAINING

The local arm of ChildLine hosted a Virtual Ambassador Program that was geared to encouraging young people, between 13 to 25 years of age, to become safe contacts for their friends dealing with mental health challenges, violations, and abuse.

PCTT now has eight (8) of our young women who were successful at the training program and are



IN LOVING MEMORY

*Arnold A.  
Buckridan*

**GONE BUT NOT FORGOTTEN**

*Arnold will be lovingly remembered by his wife Myrtle, children:  
Zenobia, Emerson & Esther, sons and daughter-in-law: Adrian,  
Shiva & Ellen & grandchildren: Briana, Adrienne, Braeden,  
Charlotte & Emma-Kalina.*



**SUNRISE: 20 09 1942  
SUNSET: 08 02 2011**

*Brian J. A.  
Buckridan*

**GONE BUT NOT FORGOTTEN**

*Brian will be lovingly remembered by his mother  
Myrtle, siblings, brothers and sister-in-law,  
nieces & nephew.*



**SUNRISE: 19 12 1972  
SUNSET: 08 05 1988**

*Wonne Mahadeo*

**GONE BUT NOT FORGOTTEN**



**SUNRISE: 02 10 1942  
SUNSET: 26 01 2011**

# IN LOVING MEMORY

## Angela Baboolal

### GONE BUT NOT FORGOTTEN

*"To Live in the hearts of those you loved is not to die."*

*Lovingly remembered by:*

*Husband: Bonan Baboolal, Children: Chris and Christa  
Grandchildren, nephew, nieces and In-laws (John, Aneesa &  
others). Siblings: Leela, Sandra, Sucilla, Sham and Selwyn.  
Former member of the Barrackpore Union Presbyterian Church*



**SUNSET: 15 03 2020**

## Kay Ramlakhan

### GONE BUT NOT FORGOTTEN

*Lovingly remembered by her loving husband, Willvan,  
her four children, eight grandchildren,  
four In-laws; friends and relatives.*

*Former member of the Penal Presbyterian Church*



**SUNRISE: 30 12 1947  
SUNSET: 28 01 2016**

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*"The Trinidad Presbyterian" was established in 1904  
It is the official publication of the Presbyterian Church of  
Trinidad and Tobago.*

*DISCLAIMER: The Editorial Committee may not agree with  
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Dear Readers please email ALL article submissions to this address ONLY.

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Please keep all article contributions between 300 - 350 words.

Please send all articles by the 15th of each month. Kindly note that articles sent after the 15th will NOT be acknowledged for the upcoming publication, but may be considered for future issues.

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Years  
IN PRINTING

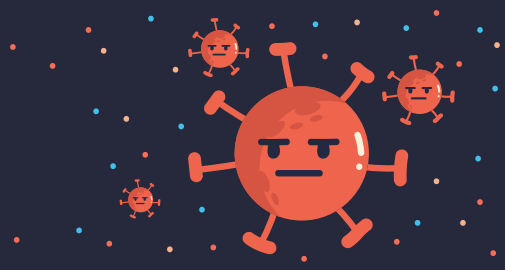


395 CHIN ALEONG STREET, PALMISTE, VIA LA ROMAINE.  
TEL: 1.868.652.5929 | 290.1352 MOBILE: 1.868.290.6075 FAX: 1.868.657.0020  
EMAIL: carveys50@gmail.com

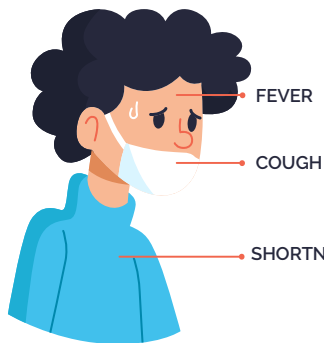
# nCoVid-19

NOVEL CORONAVIRUS 2019

Help us beat the virus' spread. Keep practicing these for the prevention of the virus's impact for everyone



## MOST COMMON SYMPTOMS



38°

FEVER

COUGH

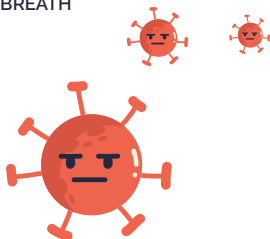
SHORTNESS OF BREATH

## OTHER

- DIARRHEA
- VOMITTING

## ADVANCED CASES

- PNEUMONIA
- RENAL FAILURE



## TRANSMISSION

- AIR-BORNE DROPLETS
- CONTAMINATED OBJECTS
- ANIMALS
- HUMAN DROPETS

## PREVENTION



WEAR A MASK WHEN YOU GO OUT IN PUBLIC



AVOID TOUCHING YOUR OR ANYONE'S FACE



KEEP YOUR DISTANCE FROM OTHERS (6 FEET)



WASH YOUR HANDS OFTEN WITH SOAP AND WATER OR USE AN ALCOHOL-BASED HAND SANITIZER



COUGH INTO A TISSUE OR INTO THE CROOK OF YOUR ELBOW



STAY AT HOME AND REST IF YOU ARE ILL



CLEAN THEN SANITIZE SURFACES (E.G. TABLE TOPS, DOOR KNOBS AND CELL PHONES)

(SOURCE: MINISTRY OF HEALTH, TRINIDAD AND TOBAGO)

## DOMESTIC VIOLENCE & ABUSE HELPLINES



Domestic Violence & Abuse Hotline: 800-7283

Rape Crisis Society North Office: 627-7273

Rape Crisis Society South Office: 657-5355

Families in Action: 628-2333 / 622-6952

National Help Line: 800-4357

Rainbow Chat: 321-3393

Lifeline: 645-2800/622-6952

# 2021 February

## “Freedom in Christ”

<b>SUNDAY</b>		1 Corinthians 9:16-23	2 Corinthians 4:3-6	1 Peter 3:18-22	Psalms 22:23-31
<b>MONDAY</b>	Galatians 4:1-11	Isaiah 57:14-21	John 1:1-18	Deuteronomy 8:1-20	
<b>TUESDAY</b>	Galatians 4:12-20	Isaiah 58:1-12	John 1:19-28	Deuteronomy 9:1-12	
<b>WEDNESDAY</b>	Galatians 4:21-31	Isaiah 59:1-21	Luke 18:9-14	Deuteronomy 9:13-21	
<b>THURSDAY</b>	Galatians 5:1-15	Isaiah 60:1-22	John 1:29-34	Deuteronomy 9:23-10:5	
<b>FRIDAY</b>	Galatians 5:16-24	Isaiah 61:1-9	John 1:35-42	Deuteronomy 10:12-22	
<b>SATURDAY</b>	Galatians 5:25-6:10	Isaiah 61:10-62:5	John 1:43-51	Deuteronomy 11:18-21	

# 2021 March

## “Whoever Believes In Him May Have Eternal Life”

<b>SUNDAY</b>		John 2:13-22	John 3:14-21	John 12:20-33	John 12:12-16
<b>MONDAY</b>	Romans 1:1-15	Jeremiah 7:1-15	Jeremiah 16:1-21	John 9:1-17	Philippians 3:1-14
<b>TUESDAY</b>	Romans 1:16-25	Jeremiah 7:21-24	Jeremiah 17:19-27	John 9:18-41	Philippians 3:15-22
<b>WEDNESDAY</b>	Romans 1:16-2:11	Jeremiah 8:4-18; 9:6	Jeremiah 18:1-11	John 10:1-18	Philippians 4:1-13
<b>THURSDAY</b>	Romans 2:12-24	Jeremiah 10:11-24	Jeremiah 22:13-23	John 10:19-42	
<b>FRIDAY</b>	Romans 2:25-3:18	Jeremiah 11:1-17	Jeremiah 23:1-8	John 11:1-27	
<b>SATURDAY</b>	Romans 3:19-31	Jeremiah 13:1-11	Jeremiah 23:9-15	John 11:28-44	